



# COMMUNITY SERVICE DIRECTORY

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## *Acknowledgements*

There have been many people who have helped to create, enlarge and improve the Directory over the past 16 years. Jeanne Vass and Toni Wren created the first edition of the FEW Volunteer Directory in 1995. Further acknowledgements go out to past directors and editors including – but not limited to - Anne Makepeace, Nicola Finkle, Sarah Thompson-Copsey, Nadine Zukoski, Jennifer Fujita, Cherrian A. Chin-Harada, Julia Maeda, Carolyn Pieroway and My Persson.

Special thanks go out to FEW member Lizzie Murphy for designing the cover for the 2011 Directory.

Many thanks to the organizations listed in this Directory, which have provided us with invaluable information and encouragement. We hope that that our Directory connects them with the resources they need to further their organizational goals.

### **Notes:**

The information contained in this directory is accurate as of July 2011.

- If you find any information that is inaccurate, please contact us by email with the correct information.
- If you would like to add an organization to the next directory, you can contact us by email [few@gol.com](mailto:few@gol.com) with the basic information listed in the directory or fill in the online form: <https://docs.google.com/spreadsheet/viewform?formkey=dGRFLUp2cG1OY2tpNkx3X3VNNTtctUHc6MA>

FEW cannot guarantee, assume any legal liability nor take responsibility for the accuracy, completeness, or usefulness of any information in this Directory. Some listings may provide links to Internet sites for the convenience of users. FEW is not responsible for the availability or content of these external sites.

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The Community Service Directory is a project of FEW  
– For Empowering Women in Japan.

FEW is the GO-TO place for personal and professional learning  
& connections for international women in Japan.

### ***About FEW***

FEW was founded in 1981 by two non-Japanese female entrepreneurs wishing to create a professional and social network among women in Tokyo. The aim of the group was to recreate in Tokyo the networking and business associations they had enjoyed back home. From an initial meeting of nine women, FEW membership has grown over the last 25 years beyond Tokyo with a sister organization in the Osaka area.

The organization was originally named “Foreign Executive Women” or FEW. FEW has evolved tremendously since its inception. Reaching beyond “executive women”, FEW now welcomes all women, Japanese and non-Japanese, from all professional backgrounds and at all stages of their careers.

Activities include monthly meetings at which members and guests listen to speakers on topics of interest and meet other women. Other regular events include the Career Strategies Seminar, as well as cultural and social events. In addition, FEW supports community and fundraising events, local organizations and volunteer projects, such as the compilation of the Community Services Directory.

### ***About FEW’s Community Service activities***

The purpose of FEW’s Community Service work is to provide the membership with information about organizations and opportunities for getting more involved locally. We arrange events, such as clothing and book drives, benefitting local community organizations. Each year the FEW Bonenkai also raises funds for a particular organization supporting people locally. FEW has focused community activities on 3 areas:

- Promotion of volunteering and community engagement programs
- Awareness raising of key issues both locally and internationally
- Raising money for nonprofit organizations - supporting Japan-based nonprofits

### ***FEW Community Service Strategic Partners (CS SPs)***

Each year, a few organizations are selected by FEW to be our Community Service Strategic Partners. New groups are selected & some from the previous year continue on as CS SPs so that we may spotlight them and encourage FEW members to be more engaged in the issues that interest them.

#### **Basic criteria for selection**

1. Local engagement: Japan-based organizations, working domestically or internationally.
2. FEW member participation: Possible opportunities for FEW member participation in events, volunteering, drives or campaigns etc.
3. Organization involvement in FEW: sending someone to FEW monthly meetings to network and develop involvement and awareness of key issues.
4. Issue categories: Diverse issues with an emphasis on projects targeting women and vulnerable persons.

*Find out more about FEW through our website ([www.fewjapan.com](http://www.fewjapan.com)) or contact us about how you can get involved at [few@gol.com](mailto:few@gol.com).*

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## THE 2011 FEW COMMUNITY SERVICE DIRECTORY

The 2011 Directory was edited by Sarajeon Rossitto, the 2010-2011 Community Service Director and is based on the 2010 edition which was compiled by Carolyn Pieroway, and edited by Sarajeon, the 2009-2010 FEW Community Service Directors.

### *About This Directory*

The goal of this Directory is to inform FEW members and supporters of opportunities to get involved in organizations making a difference in the community. We hope that this guide will meet the diverse interests and schedules of people interested in getting involved.

The first print edition of this Directory was published in September 1995. It provided a listing in English of community organizations that welcome volunteers. The aim was to identify the specific projects and skills each organization required to help make the best "match" between potential volunteers and organizations.

Six more editions followed in 1997, 2000, 2002, 2004-2006, 2008 and 2010. The earliest editions were supported by corporate sponsors and all were created with the dedication and hard work of many women in Japan. Since 2008, the Directory has been made available online on the FEW website.

This Directory can assist in matching skills and interests of those interested volunteering with the needs of a wide variety of community and international organizations. For Non-Japanese living in Japan, each organization provides a unique way to learn more about the community in which you live.

Revisions are made about once a year. If readers find any information need updating, please let us know by email [few@gol.com](mailto:few@gol.com). We appreciate your support and understanding!

### *Using the Directory*

Entries are listed alphabetically and include information about the organization, focus areas, community service activities and contact information. In addition to volunteering, we have identified other resources these organizations may need. This information can be found under "Other Ways to Contribute."

Given the economic downturn since 2008 and multiple disasters in 2011, the needs and opportunities for volunteers and financial support has been constantly increasing. We hope that you will use this directory as an opportunity to find ways in which you might be able to support local organizations that are making a difference every day.

## *About the Organizations Listed in the Directory*

A wide range of organizations that offer the FEW community diverse opportunities for participation are included in this edition of the Directory. For many of the organizations listed, volunteers are a key resource without whom they would never be able to achieve their goals.

The Directory focuses on organizations in the Kantoh region but some groups from other parts of Japan are also included. We have also tried to identify those that can best use the skills of Non-Japanese people, and able to engage people who might not be fluent in Japanese.

Some of the organizations listed will not have the capacity to respond to email inquiries in English immediately. Also understand that not all groups will have someone available to take your call in English, but calling is the preferred means of first contact.

## *Categories*

Organizations have each been categorized into the following areas to help guide readers:

- Animals
- Arts
- Children/Youth
- Community Development
- Consumers
- Counseling
- Culture
- Cultural Exchange
- Disabilities
- Disasters & emergencies
- Discrimination
- Education
- Environment
- Health
- Homeless
- Human Rights
- Non-Japanese
- Nonprofit Support
- Poverty
- Refugees
- Social welfare
- Sports
- Work
- Women

## *Special to the 2011 Edition*

At the back of this edition, we include a separate listing of organizations active in Tohoku recovery. The number and variety of organizations involved is vast and this list is by no means exhaustive. Please understand that as we move from relief to recovery and rebuilding the situation is changing rapidly and many organizations have been founded in spring 2011 which may or may not continue their work in the upcoming years. The list focuses on larger, established organizations already committed to long term recovery efforts.

We have also included links to network organizations where you may get information on other organizations and news from the field as well as recovery related news and events. We hope you will find this useful for getting involved in Tohoku related community service activities in the upcoming years.

## *About the nonprofit sector in Japan*

There are many kinds of organizations in which you can participate. There are estimated to be over 300,000 civil society organizations in Japan, more than 42,000 of which are incorporated as Specified Activity Nonprofit Corporations. Approximately 500 NGOs (nongovernment organizations) are involved in international development work overseas.

There are tens of thousands of other organizations, which are active and have been around for several years but are not incorporated. Incorporation confers legitimacy and recognition as a legal entity that allows for organizations to rent offices, get phone lines and open bank accounts under an organization's rather than an individual's name. This alone does not guarantee organizational longevity but it does allow for organizations to work more autonomously and opens up options for funding from a wider variety of sources. For those interested in better understanding the Japanese nonprofit sector, online resources have been listed in the back of the directory.

## *Communication skills*

Whether or not you need Japanese language skills depends on the organization you are interested in and the work they do. Many - but not all - require some level of Japanese. Many organizations working internationally need people with excellent English language skills particularly for communications, outreach, grant proposal writing and PR. Other languages groups most often need help with are Chinese, Korean, Thai, Portuguese and Spanish.

If you have your heart set on a particular group, but do not have confidence to contact them in Japanese, ask someone who speaks Japanese to go with you on your first visit. Have your friend explain that you would like to find a way to contribute – based on their needs, make suggestions for how they be able to use the skills you have.

## *About Volunteering*

People volunteer for a myriad of reasons – to work with children, to use skills, to learn about an issues, to make friends, to have an impact on a problem, etc. – so your first step is to decide your own personal priorities, possibilities and needs.

Organizations need volunteers and supporters in all "shapes and sizes". Whether your expertise lies in finance or filmmaking, counseling or design, there is an organization that can use your help. Volunteers are needed 24-hours each day, seven days a week. Many organizations listed rely solely on volunteers to carry out their missions .

There are many possibilities and depend on the organization's need, your skill-set and time availability. Many ways you can support community groups include: event preparation, editing newsletters, translating reports, writing conference notes, answering the telephone, doing research, making PR materials, making an English brochure or webpage, cleaning the office, teaching kids, fundraising, taking care of animals, counseling, training volunteers, making presentations to corporations, writing grant proposals, running a food drive ... the list is limitless. Volunteering can be a rewarding experience allowing you to give something back to the community while acquiring new skills and meeting new people.



## *Getting involved in community service*

Community service is a serious dedication of time and effort towards the chosen organization. One should expect to

- Be ready to share skills and ideas.
- Learn about an organization's priorities and needs.
- Be open to learning new things.
- Follow through on commitments.

You need more than a good heart. You need to show commitment to the organization. It is hard to be in a position of responsibility without first showing commitment as a volunteer. In Japan, there are few paid positions and most people work for little or no money. When funding arises for a position it may go to the person who has been doing that work on a volunteer basis.

Many people come with experience volunteering in nonprofits overseas but do not know where to start once they get to Japan. There are many opportunities and you do not have to start your own group. If you are committed, have some basic skills and the passion, you can help an organization achieve its goals.

### ***Volunteer your time: getting started.***

*Self-Assessment:* Ask yourself 3 things

- What are your relevant interests, skills and experience?
- How much time do you have and how long do you want to work with a group?
- What are your language and communication skills like?

### ***Find out what they need:***

Try to understand organizational goals and needs. Although some groups value sharing the mission over all else, organizations need skilled volunteers. Ask yourself what you can offer: Do you have skills and/or experience in PR, fundraising, website creation, database, outreach, grant proposal writing, financial management or event coordination?

### ***Meet people at events and attend volunteer orientation meetings.***

There are so many events going on it would be a shame not to just find out what groups are doing by learning more about the problems and how nonprofit NGOs are tackling them. Go to volunteer orientation meetings and other events run by organizations doing work in your fields of interest. Events will tell you more about what they do and the people involved.

### ***Making contact:***

Talk to people in person. Don't send out a bunch of emails. Unfortunately, nonprofits, NGOs and local associations are usually too understaffed to deal with email enquiries effectively. Ask the people you meet about what the organization's needs are. You can learn a lot more about their work, methods, vision and achievements by talking to and listening to people than you ever could from their website. This way you will find out more about their needs, if your skills are a match and if these are the people with whom you want to commit your time.

### ***Make the commitment.***

Select a group or project and then stick with it. Whether as an individual or group, for one event or one day a week the key is to follow through. You will not only make a difference in peoples lives but you may also learn new skills, develop a deeper understanding of issues, while meeting new people and gaining a sense of satisfaction.

# THE ALLIANCE OF GUARDIAN ANGELS JAPAN, INC.



## MISSION

To provide role models for young people through safety patrols and safety education to improve quality of life in the community.

## POPULATION SERVED

All citizens in Japan and worldwide through our International Alliance.

## PROJECTS/ACTIVITIES

Safety Patrols, Kids Safety Seminar, Internet Safety School, Junior Angels, Graffiti Rub-out Campaign, Women’s Self Defense Seminar, Event Security, Speaking Engagements, Community Emergency Response Team Service, Victims’ Support, National Police Agency’s Crime Stoppers Program for Children and Women (Toll Free: 0120-924-839) and Administrative Work at HQ.

Regular fundraising through speaking engagements, seminars, community affairs, bulk mail and t-shirt sales.

	VOLUNTEER INFORMATION
SKILLS NEEDED	No special skills
LANGUAGES	Japanese, English
TIME REQUIRED	Flexible
WAYS TO CONTRIBUTE	Donations, help with administrative work at National Headquarters, and participate in the many community functions we assist.
NO. OF VOLUNTEERS	300

## CONTACT DETAILS

Contact Person: Keiji Oda, President

Address: 1-29-13 Shinkawa, Chuo-ku, Tokyo 104-0033, JAPAN

Email: [info@guardianangels.or.jp](mailto:info@guardianangels.or.jp)

Phone: (03) 3523-5300

Fax: (03) 3523-5366

URL: [www.guardianangels.or.jp](http://www.guardianangels.or.jp)

Hours: Depends on chapters (mostly on the weekends and nights)

AMDA (THE ASSOCIATION OF MEDICAL  
DOCTORS OF ASIA)  
INTERNATIONAL MEDICAL  
INFORMATION CENTER



**MISSION**

To help the Non-Japanese community in Japan make the best use of the Japanese medical system by providing a telephone information service in English, Spanish, Chinese, Korean, Thai, Portuguese, and Tagalog.

**POPULATION SERVED**

The Non-Japanese community in Japan.

**PROJECTS/ACTIVITIES**

Medical information services including: introduction to medical institutions where foreign languages are available, information on the Japanese medical system, interpretation service on the phone between medical staff and patients, publication of multi-lingual medical guide books, seminars and symposia on medical services for Non-Japanese living in Japan.

Annual "International Day" Bazaar including free medical consultation by affiliated physicians. (April/May).

	<b>VOLUNTEER INFORMATION</b>
SKILLS NEEDED	Translation
LANGUAGES	English, Japanese
TIME REQUIRED	Flexible
WAYS TO CONTRIBUTE	Distribute information, donations

**CONTACT DETAILS**

Address: Shinjuku Kabuki-cho Post Office Poste Restante,  
Kabuki-cho, Shinjuku-ku, Tokyo 160-0021

Phone (03) 5285-8088

Office: (03) 5285-8086

Email: [info@amdainternational.com](mailto:info@amdainternational.com)

URL: <http://amda-amic.com/>

Hours: Monday - Friday, 9:00 AM - 5:00 PM

# AMNESTY INTERNATIONAL JAPAN AITEN (AITOKYO ENGLISH NETWORK)



## Focus

Children/Youth, Human Rights, Refugees

### MISSION

AMNESTY INTERNATIONAL's vision is of a world in which every person enjoys all of the human rights enshrined in the Universal Declaration of Human Rights and other international human rights standards. In pursuit of this vision, AI's mission is to undertake research and action focused on preventing and ending grave abuses of the rights to physical and mental integrity, freedom of conscience, expression and freedom from discrimination, within the context of its work to promote all human rights.

### POPULATION SERVED

All human beings in all countries covered by AI's mandate.

### PROJECTS/ACTIVITIES

Lobbies government, offers support to asylum seekers and others, co-ordinates the public relations, campaigning and fund-raising activities of local AI groups, members and supporters around Japan. Campaign priorities are: demand dignity, stop violence against women, abolition of the death penalty, discrimination and xenophobia, against renditions, torture and other HR abuses carried out under the guise of the "War on Terror" and HR education.

VOLUNTEER INFORMATION	
SKILLS NEEDED	Public relations, fund raising, organizational & management skills and developing educational materials, letter writing & envelope-stuffing
LANGUAGES	Japanese and/or English. Additional language skills are most welcome
TIME REQUIRED	Flexible
WAYS TO CONTRIBUTE	Support through membership (fees and work contributions), letter writing, campaigns, event preparation in free time
NO. OF VOLUNTEERS	7,000 members and 20,000 supporters nationwide

### CONTACT DETAILS

Contact Persons: Hideki Wakabayashi, Executive Director, AI Japan  
 Sonoko Kawakami, Campaign Coordinator, AI Japan  
 Chris Pitts, Coordinator, AITEN (Amnesty International Tokyo English Network)

Address: 2-12-14-7F Kanda, Ogawamachi, Chiyoda-ku, Tokyo 101-0052

Phone: (03)-3518-6777

Fax: (03)-3518-6778

E-mail: [info@amnesty.or.jp](mailto:info@amnesty.or.jp)

URL: [www.amnesty.or.jp](http://www.amnesty.or.jp),

[www.amnesty.org](http://www.amnesty.org)

[www.aiten.org](http://www.aiten.org)

Hours: Monday - Friday, 10:00 AM - 7:00 PM (closed on Saturdays, Sundays and national holidays)

## ANIMAL REFUGE KANSAI (ARK) TOKYO ARK

Focus

Animals

### MISSION

To rescue, protect and assist companion animals in need and to ensure their future in a safe and loving home.

### POPULATION SERVED

Animals across Japan in need of help.

### PROJECTS/ACTIVITIES

Promote neutering to prevent the needless suffering of dogs and cats being born unwanted into the world. Promote proper care by pet owners through information regarding the care, handling and understanding of their pets, and other educational activities aimed at raising public awareness of animals' needs. Provide provision of a shelter and treatment for lost and abandoned dogs and cats, and efforts to find them a new home. Lobby governmental bodies to enforce the Animal Protection Law so as to make it truly effective.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Interest in animal welfare
LANGUAGES	English or Japanese
TIME REQUIRED	Flexible
WAYS TO CONTRIBUTE	Become a member; sponsor an animal at the shelter; adopt an animal; temporarily care for a kitten, cat, puppy or dog in your home; transport animals to events; translate profiles/stories on the animals into English or Japanese. Help keep the homepage updated; dog walking (Tokyo and Osaka) Fundraising - hold a coffee morning for friends to help raise awareness about stray animals in Japan; visit elementary schools and teach children about what cats and dogs need to stay healthy. Materials and training provided.
NO. OF VOLUNTEERS	20 in Tokyo, 50 in Osaka shelter

### CONTACT DETAILS

Tokyo ARK

Contact Person: Ayako Nagano, Adoptions Coordinator

Address: Tokyo ARK101 Forum Yukigaya 1-16 Kitaminecho, Ota-ku, Tokyo 145-0073

Phone: 050-1557-2763

Fax: 050-1557-2763

E-mail: [tokyoark@arkbark.net](mailto:tokyoarke@arkbark.net)

URL: [www.arkbark.net](http://www.arkbark.net)

Hours: Monday – Saturday, 10:00 AM – 5:00 PM

Osaka ARK

Contact Person: Sakae Kishida

Address: 595 Noma Ohara, Nose-cho, Toyono-gun, Osaka-fu 563-0131

Phone (07) 2737-0712 / (07) 2737-1885

Fax: (07) 2737-1886

E-mail: [ark@arkbark.net](mailto:ark@arkbark.net)

URL: [www.arkbark.net](http://www.arkbark.net)

Hours: Monday – Friday, 10:00 AM - 5:00 PM except Wednesdays

# ASHINAGA



## MISSION

Ashinaga is a non-profit organization provides financial and psychological assistance in support children and youth who have lost one or both parents as a result of illness, accident/disaster, or suicide, as well as children, who have a parent with a disability that prevents them from working.

## POPULATION SERVED

Orphans, youth who have lost a parent and children of persons with severe disabilities.

## PROJECTS/ACTIVITIES

Since it was founded in 1969, Ashinaga has provided over \$800 million in educational aid to some 80,000 students at high schools or institutions of higher education. Since 2000, Ashinaga has expanded its activities to support children in 21 countries and regions.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Various
LANGUAGES	Japanese
TIME REQUIRED	Flexible
WAYS TO CONTRIBUTE	Helping with fundraising (for scholarships and new programs), Support annual walk/runs (10k, held each spring and fall throughout Japan), Help with Tohoku orphan support program, and help with general administrative work. Become a member or donor.
NO. OF VOLUNTEERS	5 in the Tokyo Office

## CONTACT DETAILS

Contact Person: H. Okazaki, International Programs Director

Address: : 1-6-8 Hirakawa-cho, Chiyoda-ku, Tokyo102-8639

Phone: 03-3221-0888

Fax: 3-3221-7676

E-mail: [contact@ashinaga.org](mailto:contact@ashinaga.org), [okazaki@ashinaga.org](mailto:okazaki@ashinaga.org)

URL: [www.ashinaga.org](http://www.ashinaga.org)

Hours: Monday- Friday, 9AM – 5PM

# ASIA-JAPAN WOMEN'S RESOURCE CENTER (AJWRC)



## MISSION

Work towards a democratic Japanese society based on gender justice and human rights, and a fair sustainable global society. AJWRC addresses social structures and gender biases that lead to violence and suppression against women and challenges growth-oriented development that devalues women's labor and reproductive economy. AJWRC informs and empowers women so that they organize themselves effectively beyond national borders.

## POPULATION SERVED

Women throughout Japan and Asia

## PROJECTS/ACTIVITIES

### 1) Information Sharing and Networking Program

Publication of a quarterly feminist journal in Japanese/Publication of English journal twice a year/International information exchange program/information sharing through internet and other media, women's information service

### 2) Education and Training Program

Seminars, workshops and training programs/Women's study tour to exchange information and experiences with women's and civil organizations in other countries

### 3) Advocacy and Campaign Program

Ad-hoc actions/long-term campaigns/research/advocacy at UN human rights processes

VOLUNTEER INFORMATION	
SKILLS NEEDED	Writing, editing, translating
LANGUAGES	Japanese and English
TIME REQUIRED	Flexible
WAYS TO CONTRIBUTE	Translation, proof-reading, becoming a member
NO. OF VOLUNTEERS	20-50 volunteers, 800 members

## CONTACT DETAILS

Contact Person: Hisako Motoyama, Secretary-General

Address: 14-10-211 Sakuragaoka, Shibuya-ku, Tokyo

Phone:(03) 3780-5245

Fax: (03) 3463-9752

Email: [ajwrc@ajwrc.org](mailto:ajwrc@ajwrc.org)

URL: [www.ajwrc.org/](http://www.ajwrc.org/)

Hours: Monday - Friday, 10:00 AM - 6:00 PM

# ASIAN RURAL INSTITUTE



## MISSION

To build an environmentally healthy, just and peaceful world, in which each person can live to their fullest potential. Rooted in the love of Jesus Christ, we nurture and train rural leaders for a life of sharing, to live and work in grassroots rural communities, primarily in Asia, Africa and the Pacific, and to form a community of learning, and study the best ways for rural people to share and enhance resources and abilities for the common good through community-based learning. We present a challenge to ourselves and to the whole world in our approach to food and life.

## POPULATION SERVED

Rural communities throughout Asia, Africa, and the Pacific.

## PROJECTS/ACTIVITIES

ARI is an international training ground for grassroots rural leaders. From April to December ARI conducts a Rural Leaders Training Program on Sustainable Agriculture, Community Development, and Leadership. Upon completion, program participants return to their home villages and communities to work with and train their people, pass on their learning at ARI to facilitate 'development from within.' To date, ARI has trained 1,160 rural leaders from 52 countries throughout Asia, Africa, and the Pacific. The course is also open to those interested in learning about organic farming agriculture, community building, and rural development. Additionally, ARI hosts work camp groups and conducts overseas study tours.

VOLUNTEER INFORMATION	
SKILLS NEEDED	A positive and open attitude is most valuable; graphic design, photography, computer systems maintenance, web design, carpentry and general maintenance, writing, or translation. Many volunteers work on the farm, training provided
LANGUAGES	Common language is English, Japanese is frequently used
WAYS TO CONTRIBUTE	Volunteers typically work in one of the following areas: on the farm, in the kitchen, food processing, in the office, computer systems maintenance, and general maintenance
NO. OF VOLUNTEERS	Usually about 10 full-time volunteers each year ( from 60 days to 1 year). Welcome are those who wish to stay for shorter terms (2 days or more) as "Working Visitors"

## CONTACT DETAILS

Contact Persons:

Takashi Yamashita - Working Visitor/ Work Camp Co-ordinator e-mail: [nsh@ari-edu.org](mailto:nsh@ari-edu.org)

Hiroshi Sato - Volunteer Coordinator (Japanese) Email: [info@ari-edu.org](mailto:info@ari-edu.org)

Jonathan McCurley- Volunteer Coordinator (English) Email: [clc@ari-edu.org](mailto:clc@ari-edu.org)

Address: 442-1 Tsukinokizawa, Nasushiobara , Tochigi Pref. 329-2703

Phone: (02) 8736-3111

Fax: (02) 8737-5833

URL: [www.ari-edu.org](http://www.ari-edu.org)

Hours: Monday - Friday, 9:00 AM - 5:00 PM, Saturday, 9:00 AM – 12:30 PM



# ASIAN WOMEN WORKERS' CENTER



## MISSION

To deepen mutual understanding and strengthen solidarity with Asian people, and to provide accurate information and resources as well as raise awareness about Asian women workers' issues.

## POPULATION SERVED

Women, women workers and the general population in Japan.

## PROJECTS/ACTIVITIES

Meeting Exchange Program and Information Exchange with Asian women workers, publishing and proof-reading newsletter about women's labor issues in Japan (in Japanese three times a year and in English twice a year), holding study meetings. AWWC raises consciousness among the Japanese on the issue of Asian women workers. It promotes direct exchange with women workers in other Asian countries.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Translation, interpreting, proof-reading
LANGUAGES	English, Japanese
TIME REQUIRED	Varies
WAYS TO CONTRIBUTE	Depends on the program but monetary donations are always welcome.
NO. OF VOLUNTEERS	5

## CONTACT DETAILS

Contact Person: Michiko Hiroki, Representative

Address: 3-2555-15 Wakasa Tokorozawa, Saitama Pref. 359-1151

Phone: (042) 949-5231 / (042) 949-5231

Fax: (042) 949-5231

E-mail: [awwc@japan.email.ne.jp](mailto:awwc@japan.email.ne.jp)

Hours: Monday - Friday, 10:00 AM - 6:00 PM

## BEERS FOR BOOKS (B4B)

### Focus

Children/youth,  
Education

### MISSION

We believe that every child has the right to learn how to read. We create and support simple and fun fundraising concepts that support effective and transparent literacy programs around the world. We encourage people of all ages, income levels, etc. to get involved in charitable giving in the hopes that they will enjoy the benefits of giving and become lifelong donors.

### POPULATION SERVED

Children in developing countries around the world which have limited access to educational resources.

### PROJECTS/ACTIVITIES

Simple and fun fundraising events which provide funds for the publishing and delivery of local language books. The event concepts are designed so that anyone anywhere can organize and enjoy them by just being with their friends, doing something fun, and raising small but meaningful amounts to fund books for kids.

	VOLUNTEER INFORMATION
SKILLS NEEDED	WordPress skills, sales skills, PR skills, Database management,
LANGUAGES	Native Japanese or Native English
TIME REQUIRED	Varies, 2 hours at an event, for WordPress project manager 3 hours/ week.
WAYS TO CONTRIBUTE	Organizing events, need a new WordPress website, always looking for donated prizes, volunteers to sell raffle tickets at events, someone to write an occasional press release, host venues for events. Telling friends in other countries/cities about Be for Books and encouraging them to get involved.
NO. OF VOLUNTEERS	More than 100, more than 5 are fluent in English

### CONTACT DETAILS

Contact Person: Gary Bremermann

Phone: 090-2469-3700

Fax: 03-5855-3066

E-mail: [gary@robertleonard.jp](mailto:gary@robertleonard.jp)

URL: [www.beersforbooks.org](http://www.beersforbooks.org)

Also find us on Twitter, Facebook, Mixi, LinkedIn!

# THE BIG ISSUE JAPAN AND THE BIG ISSUE JAPAN FOUNDATION



**Focus**

Homeless, Poverty, Work

## MISSION

The Big Issue Japan, Ltd, was established in September 2003 as a social enterprise with the aim to provide homeless people with the means to earn an income and to provide support for them so that they are able to help themselves out of homelessness. The Foundation is a nonprofit organization that supports the society's most excluded and vulnerable people, the homeless, by providing various support programs. The ethos of The Big Issue is "self help". We would like to contribute to the solving of the problem of homelessness by helping the homeless to help themselves to get back on their feet and to break away from living on the streets.

## POPULATION SERVED

Homeless persons

## PROJECTS/ACTIVITIES

Independent Living Support Program, Recovery of "Connectedness" to society  
Employment Placement/Training Program, Developing Job Listings and helping homeless find work  
Support for Cultural and Sports Activities Program, to Regain Motivation and Joy of Life

	<b>VOLUNTEER INFORMATION</b>
SKILLS NEEDED	Translation, interpreting, proof-reading
LANGUAGES	Japanese and English
TIME REQUIRED	Varies
WAYS TO CONTRIBUTE	Buying our magazine, taking out ads in our magazine, spread the word about our work, Monetary donations
NO. OF VOLUNTEERS	5

## CONTACT DETAILS

Contact Person: Miku Sanno (Tokyo Director)

Address: 2-3-2-401 Dojima, Kita-ku Osaka 530-0003  
Phone: 03-6380-5088 (Tokyo) 06-6344-2260 (Osaka office)  
Fax: 06-6457-1358 (Osaka)  
E-mail: [info@bigissue.or.jp](mailto:info@bigissue.or.jp)  
\* Note: Any English contact should be made by email.  
URL: <http://www.bigissue.or.jp/english/>

Hours: Monday – Friday 10AM -6 PM

# CHUO CULTURAL AND INTERNATIONAL EXCHANGE ASSOCIATION (CCIEA)

**Focus**  
Cultural Exchange, Non-Japanese

## MISSION

To promote cultural activities and international exchange by people living in Chuo Ward and to make our town genuinely rich in humanity, comfortable to live in, joyful, proud and be a town which is open to the world.

## POPULATION SERVED

Residents and workers in Chuo Ward.

## PROJECTS/ACTIVITIES

1. Cultural promotion projects
2. Projects for multicultural society promotion in Chuo Ward  
International Exchange Party, International Exchange Salon, Japanese language classes, etc.
3. Volunteer Activity support  
Dispatching interpreters  
Training, follow-up, support courses for Japanese language instructors (volunteers).

	VOLUNTEER INFORMATION
SKILLS NEEDED	Translation, interpretation.
LANGUAGES	English, and other languages are useful; Japanese
TIME REQUIRED	Varies
NO. OF VOLUNTEERS	200

## CONTACT DETAILS

Contact Person: Mrs. Izumi Kikuchi

Address: 1-13-24 Shintomi, 3F Shintomi Annex Building, Chuo-ku, Tokyo 104-0041

Phone: (03) 3297-0251

Fax: (03) 3297-0253

E-mail: [bunkoku@chuo-ci.jp](mailto:bunkoku@chuo-ci.jp)

URL: [www.chuo-ci.jp](http://www.chuo-ci.jp)

Hours: Monday - Friday, 10:00 AM - 6:00 PM

# COLLEGE WOMEN'S ASSOCIATION OF JAPAN



## MISSION

Committed to enrichment, cross-cultural exchange and friendship.  
Primary service initiative is the provision of scholarships to deserving women who want to further their study either in Japan or overseas.

## POPULATION SERVED

Members who take great pride in participating in making a difference. Over the past five decades, CWAJ has provided scholarships and travel grants to more than 780 women for university study outside their home countries, and to visually-impaired men and women from Japan.

## PROJECTS/ACTIVITIES

Raising funds from individual and corporate donations.  
The CWAJ Print Show- an exciting fund-raising event on Tokyo's social calendar.  
CWAJ also offers cultural opportunities with their monthly, theme-based luncheons, special interest activities and socially-interactive education circles. This environment is uniquely dynamic and allows foreign women to get the maximum out of living in Japan, and Japanese women an avenue for a rich multicultural interaction. "CWAJ Great East Japan Earthquake Relief Fund" - CWAJ established this special fund, which supports AMDA (Association of Medical Doctors of Asia), the CWAJ Great East Japan Earthquake Mental Health Care Project, and a new scholarship for young scholars, from the disaster area, to continue pursuing their education.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Minimum of two years at an academic institution of higher learning. Fluency in written and spoken English. Residence within commuting distance to Tokyo
LANGUAGES	Fluency in written and spoken English
TIME REQUIRED	Enough for participation in CWAJ's volunteer activities
WAYS TO CONTRIBUTE	Active participation in CWAJ's volunteer activities
NO. OF VOLUNTEERS	Nearly 550 members from about 30 countries

## CONTACT DETAILS

Address: 2-24-13-703 Kami-Osaki, Shinagawa-ku, Tokyo 141-002  
Phone: 03-3491-2091  
Fax: 03-3491-2092  
Email: [membership@cwaj.org](mailto:membership@cwaj.org)  
URL: [www.cwaj.org](http://www.cwaj.org)

Hours: Monday - Thursday 10AM – 12PM

## DREAM A DAY IN TOKYO

### Focus

Children/Youth Social  
Welfare

#### MISSION

A Dream A Day in Tokyo seeks to give children with life-threatening illnesses and their families a dream vacation in Tokyo. Our mission is to help these children and their families spend a wonderful time together in the hope that this will raise the spirits of the children and provide comfort and relief to their families.

#### POPULATION SERVED

Children with life-threatening diseases and their families in Asia.

#### PROJECTS/ACTIVITIES

Publicity and fund-raising events, hosting families in Tokyo.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Willingness to contribute time and effort. Any of the following: fund raising, public relations, translation, interpretation, event management etc.
LANGUAGES	English, Japanese, and other Asian languages
TIME REQUIRED	Varies according to projects
WAYS TO CONTRIBUTE	Monetary contributions; accommodation facilities for families; food and other essential items; volunteers to cook food, accompany families around Tokyo, and many other activities
NO. OF VOLUNTEERS	10+

#### CONTACT DETAILS

Contact Person: Michiyo Uehara, Meisei Ikka

Address: c/o MATRIX Co., Ltd. , 2-8-15, Kamiosaki, Shinagawa-ku, Tokyo, Japan 141-0021

Phone: (090) 9840-6101 (English and Japanese)

(03) 3440-2777 (Japanese)

Fax: (03) 3440-2781

URL: <http://www.guesthouse.or.jp>

Hours: Monday - Friday, 10:00 AM - 6:00 PM

# EARTHWATCH INSTITUTE JAPAN

Focus  
Animals, Environment

## MISSION

Earthwatch is an international environmental organization that engages people worldwide in scientific field research and education to promote the understanding and action necessary for a sustainable environment.

## PROJECTS/ACTIVITIES

We run short duration expeditions, lasting 3-5 days. We offer expeditions just for teenagers (teen teams age limit 16-17 years). We can cater for families on some expeditions and we can organize group teams (for 6-20 volunteers) for schools, colleges, universities and other groups.

Joining an Earthwatch expedition, you'll donate time and energy to a research or conservation project. Your financial contribution will cover the costs of your participation and support the scientists.

## Earthwatch Research

Earthwatch will fund critical scientific research projects across four key areas in 2010: Climate Change, Ecosystems, Oceans, and Cultural Heritage. You'll have the opportunity to join one of more than 50 research projects in 24 countries around the world. You will join leading researchers and demonstrate the power of "citizen science".

## VOLUNTEER INFORMATION

More than 3,500 people each year join our scientists in the field. Students, educators, families, conservation professionals, corporate employees, members of school and community groups – Earthwatch volunteers come from every part of the population, from every country of the world. Volunteers can be young as 10 in the family teams, and there is no upper age limit – we have repeat volunteers in their 90s. You need no special skills or experience, just a desire to make a difference.

	VOLUNTEER INFORMATION
SKILLS NEEDED	No special skills or experience, just a desire to make a difference
LANGUAGES	English, Japanese
TIME REQUIRED	Varies according to projects

## CONTACT DETAILS

Contact Person: Michael T. Kobayashi, Executive Director, Research Expedition Guide 2010

Address: Sanban-cho TY Plaza 5F, 24-25 Sanban-cho, Chiyoda-ku, Tokyo 102-0075

Phone: (03) 3511-3360

Fax: (03) 3511-4663

E-mail: [info@earthwatch.jp](mailto:info@earthwatch.jp)

URL: <http://www.earthwatch.jp/> (Japan office - Japanese)

<http://www.earthwatch.org> (International - English)

Hours: Monday - Friday, 10:00 AM - 6:00 PM

# FOUNDATION FOR GLOBAL PEACE AND ENVIRONMENT (FGPE)

**Focus**  
Education,  
Environment

## MISSION

To enhance the awareness of people, especially children and young people, regarding the importance of sustaining the global environment. To encourage them to protect the irreplaceable environment and ensure that succeeding generations will inherit a beautiful and peaceful earth.

## POPULATION SERVED

General public, especially children and young people, in Japan and worldwide.

## PROJECTS/ACTIVITIES

International Contest and Exhibition of Children's Environment Paintings, publication of books and newsletters, environmental education materials, international conferences for young people, symposia and seminars, Tennis Forum and Rice Forum for Global Environment, exchange programs for young people in developing countries, planning and support of projects of international organizations and eco-tourism.

	<b>VOLUNTEER INFORMATION</b>
SKILLS NEEDED	Translating, interpreting, writing, computer, project planning, public relations, transportation
LANGUAGES	Japanese (preferred) and English
TIME REQUIRED	Flexible
WAYS TO CONTRIBUTE	Participation in events, international networking, donation of computer equipment, office supplies and cash
NO. OF VOLUNTEERS	50+

## CONTACT DETAILS

Contact person: Tomoko Yano, Secretary General

Address: 401 Howamita Tsunazaka Bldg., 2-7-7 Mita, Minato-ku, Tokyo 108-0073

Phone: (03) 5442-3161

Fax: (03) 5442-3431

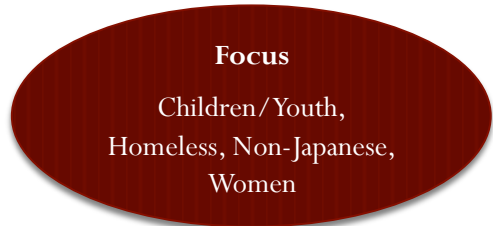
Email: [info@fgpe.net](mailto:info@fgpe.net)

URL: <http://www.chikyu-e.com>

Hours: Monday - Friday, 9:30 AM - 5:30 PM



# FRANCISCAN CHAPEL CENTER



## MISSION

To reflect the spirit of justice and peace through social outreach efforts serving the needs of the international community (primarily English-speaking) in Tokyo.  
To assist Non-Japanese prisoners, Japanese homeless, refugees, and foreign workers living in Japan.

## POPULATION SERVED

English-speaking and other Non-Japanese in Tokyo. Homeless people in Tokyo.

## PROJECTS/ACTIVITIES

Programs by Oasis, the outreach program run by the church, include; Rice Patrol program for homeless in the Tokyo area, making rice cakes at Franciscan Chapel Center and distributing to homeless in the Shibuya area, Street Children Ministry, hospital and prison visits to foreigners, counseling, co-op playgroup for English-speaking mothers and young children, FCC Women's Network charities, babysitting, appeals on behalf of rice program and other causes.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Counseling, teaching, fundraising
LANGUAGES	English and Japanese primarily
TIME REQUIRED	Varies by project
WAYS TO CONTRIBUTE	Donations of men's gloves (brand new), winter jackets and sweaters, toiletries for refugees and homeless, and books in English for foreign detainees
NO. OF VOLUNTEERS	350

## CONTACT DETAILS

Contact Persons: Father Callistus Sweeney, OFM, Parish Priest  
Lolita Lopez De Leon, Parish Administrative Assistant

Address: 4-2-37 Roppongi, Minato-ku, Tokyo 106-0032  
Phone: (03) 3401-2141 Fax: (03) 3401-2142  
E-mail: fcchapel@gol.com  
URL: [www2.gol.com/users/fcchapel/.html](http://www2.gol.com/users/fcchapel/.html)

Hours: Monday - Friday, 9:00 AM – 5:00 PM

# FRIENDS OF THE EARTH JAPAN



## MISSION

To promote environmental protection, preservation of ecological, cultural and ethnic diversity, and environmentally sustainable development. To increase public participation in decision-making and to achieve social, economic and political justice and equal access for all.

## POPULATION SERVED

Japan and other countries.

## PROJECTS/ACTIVITIES

Areas of focus: Energy and Climate Change, Public Finance and Environment, Forest Biodiversity, Greening the Desert, Sustainable Lifestyle, Waste and 3R Society.

Activities: Weekend Hiking Program, Eco-tours.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Office work, writing and re-writing, proofreading, translation, transportation, fundraising, outdoor activities
LANGUAGES	English and Japanese (Japanese is needed)
TIME REQUIRED	Flexible
WAYS TO CONTRIBUTE	Membership fees and monetary donations
NO. OF VOLUNTEERS	10

## CONTACT DETAILS

Contact Person: Ms Shinohara

Address: 1<sup>st</sup> Fl. 3-30-8 Ikebukuro, Toshima-ku, Tokyo 171-0014

Phone: (03) 6907-7217

Fax: (03) 6907-7219

E-mail: [info@foejapan.org](mailto:info@foejapan.org)

URL: [www.foejapan.org](http://www.foejapan.org)

Hours: Monday - Friday, 10:00 AM - 6:00 PM

# GREENPEACE JAPAN

Focus  
Environment

## MISSION

Domestic and international activities to bring about an environmentally sustainable and peaceful future.

## POPULATION SERVED

Domestic and international.

## PROJECTS/ACTIVITIES

Information dissemination, political lobbying at conferences, advocating alternative policies and solutions, organizing protests involving non-violent direct action against environmental destruction.

Current campaign areas include climate change, renewable energy, nuclear power, marine ecosystems and genetic engineering. Regular fundraising activities and occasional public events.

VOLUNTEER INFORMATION	
SKILLS NEEDED	Translation and interpreting, helping public events, driving cars or boats, clerical work
LANGUAGES	English or Japanese
TIME REQUIRED	Varies with projects
WAYS TO CONTRIBUTE	Donation of office equipment, re-useable photocopy paper, and monetary support
NO. OF VOLUNTEERS	20-30

## CONTACT DETAILS

Contact Persons: Daisuke Miyachi and Mai Suzuki, Volunteer Coordinators

Address: NF Bldg.2F, 8-13-11 Nishishijuku, Shinjuku-ku, Tokyo 160-0023

Phone: (03) 5338-9800

Fax: (03) 5338-9817

E-mail: [volunteer@greenpeace.or.jp](mailto:volunteer@greenpeace.or.jp)

URL: <http://www.greepeace.or.jp/>

<http://www.greenpeace.or.jp/info/volunteer>

Hours: Monday - Friday, 10:00 AM - 6:00 PM

## HABITAT FOR HUMANITY JAPAN (HFH)

### Focus

Children/Youth, Disasters  
& Emergencies,  
Homeless, Poverty

### MISSION

Habitat for Humanity (HFH) works in partnership with God and people everywhere, from all walks of life, to develop communities with people in need by building and renovating houses so that there are decent houses in decent communities in which every person can experience God's love, and can live and grow into all that God intends.

### POPULATION SERVED

Families in need of shelter. The affiliates' family selection committee chooses home owners based on their level of need, willingness to become partners in the program and ability to repay the no-interest loan.

### PROJECTS/ACTIVITIES

HFH has built more than 400,000 houses around the world. Since HFH Japan does not build houses in Japan owing to law regulations, Japanese cultural aspects, and other reasons, we send hundreds of volunteers to other countries.

The Global Village Program provides an opportunity to travel and enhance the ongoing work of a local Habitat affiliate. Participants do this by building houses together with the hosting affiliate.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Translation, interpreting, proofreading
LANGUAGES	English and Japanese
TIME REQUIRED	Flexible, can be done at home or online
WAYS TO CONTRIBUTE	Disaster response volunteers needed for cleaning-ups of the debris and mud, demolition, and organizing the evacuees' belongings in Ofunato city and Rikuzentakada city in Iwate Prefecture and possibly in other areas. Monetary donations also welcome.
NO. OF VOLUNTEERS	5

### CONTACT DETAILS

Contact Person: Kentaro Yamazaki, Volunteer Coordinator

Address: #401 CHARI Sendagaya 1-13-11 Sendagaya, Shibuya-ku, Tokyo 151-0051

Phone: (03) 6459-2070

Fax: (03) 6459-2071

E-mail: [info@habitatjp.org](mailto:info@habitatjp.org)

URL: [www.habitatjp.org](http://www.habitatjp.org)

Hours: Monday - Friday, 10:00 AM – 5:30 PM

# HAND-IN-HAND CHIBA

## Focus

Children/Youth, Human Rights, Non-Japanese, Women

### MISSION

To protect Non-Japanese living in Japan from human rights violations.

### POPULATION SERVED

Non-Japanese and their families living in Japan.

### PROJECTS/ACTIVITIES

Projects include:

- Accompanying Non-Japanese to hospitals, immigration offices etc.
- Serving women include assisting with marriages / divorce, child rearing, citizenship and healthcare.
- Serving men include assisting with unpaid salary, labor accidents, etc.
- Providing information and assistance to foreign workers, primarily from mainland Asia, the Middle East and Africa.
- Counseling and social exchange for foreign workers.
- Regular fundraising is done through bazaars.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Counseling, interpreting, translation, bazaar assistance
LANGUAGES	Japanese, English, Thai, Tagalog and Spanish
TIME REQUIRED	Varies
WAYS TO CONTRIBUTE	Membership fees and monetary donations. Computer equipment, office supplies and bazaar goods
NO. OF VOLUNTEERS	20

### CONTACT DETAILS

Contact Persons: Akiko Okuda, Kazuko Takahashi, Coordinators

Address: 505 Chiba Chuo Heights, 3-5-7 Chuo-ku, Chiba-shi, Chiba-ken, 260-0013

Phone: (043) 224-2154

Fax: (043) 224-2305

E-mail: [hand-in-hand.chiba@bz03.plala.or.jp](mailto:hand-in-hand.chiba@bz03.plala.or.jp)

# HANDS ON TOKYO (HOT)



Focus

Nonprofit Support

## MISSION

To accelerate the growth of volunteerism in the Tokyo community by joining Japanese and foreigners in service and matching them with meaningful volunteer activities. We help nonprofit organizations craft programs to support their mission and recruit and manage volunteers on their behalf. We develop a broad menu of volunteer activities for volunteers of all ages through our partnerships with nonprofits. HOT has a project coordinator at each activity to ensure that the nonprofit and volunteers have a meaningful experience.

## POPULATION SERVED

Hands On Tokyo currently has partnerships with 6 non-profit organizations: Special Olympics, Tokyo Metropolitan Area Association of the Blind, Second Harvest Japan, Arinkai, Tsukuba Blind School, and the Tokyo Miracle Stars.

## PROJECTS/ACTIVITIES

HOT arranges over 200 volunteer activities a year as well as an Annual Day of Service. Examples of ongoing volunteer activities:

- Arts and Crafts at Children’s & Seniors Homes
- English Conversation with the Sight Impaired
- Special Olympics Basketball
- Special Olympics Bowling
- Tennis with Sight Impaired Youth

	VOLUNTEER INFORMATION
SKILLS NEEDED	None. Orientation provided for new volunteers.
LANGUAGES	Japanese and/or English
WAYS TO CONTRIBUTE	Monetary contributions
NO. OF VOLUNTEERS	1,300 Registered volunteers 3 staff, 3 English-speaking staff

## CONTACT DETAILS

Contact Person: D. Steven Lin, Chair  
River Furuta, Project Manager

Address: Hands On Tokyo, Executive Tower Azabudai #402,  
1-4-3 Azabudai, Minato-ku, Tokyo 106-0041

Phone: 03-3583-2135

Email: [info@handsontokyo.org](mailto:info@handsontokyo.org)

Hours: Monday - Friday, 9:00 AM – 5:00 PM

# HOUSE OF EMERGENCY LOVE AND PEACE (HELP) ASIAN WOMEN'S SHELTER



## MISSION

To provide emergency shelter to women and children facing violence and various human rights abuses regardless of nationality, visa status, religion or age.

To address structural issues underlying Domestic Violence and Human Trafficking, and to bring it to the forefront of the community's consciousness and agenda for social change.

## POPULATION SERVED

Japanese and non-Japanese women and children needing emergency shelter.

- During April 2007 – March 2009 this included 124 Japanese, 60 non-Japanese and 64 children.
- 40% of the non-Japanese women were victims of human trafficking; 75% were domestic violence survivors.

## PROJECTS/ACTIVITIES

Providing emergency shelter for up to 8 women at a time (the shelter has four single rooms and four family rooms).

Running a hotline service in Japanese, English, Thai, Tagalog and Spanish.

Along with the lobbying activity for the anti-trafficking law, HELP continues assisting the victims in contacting embassies/consulates to expedite immigration and legal processes

VOLUNTEER INFORMATION	
SKILLS NEEDED	Cooking and cleaning, childcare (some qualification may be required), interpreting (Spanish, Chinese, Tagalog, Thai, Russian and languages from Africa, South Asia and Arabic regions).
LANGUAGES	Japanese, English; and as above
TIME REQUIRED	For cooking, cleaning and childcare, minimum of 4 hours a day on a regular basis (at least once a week for a minimum of one year period). Interpreters may be called upon when needed.
WAYS TO CONTRIBUTE	Monetary donations, food supplies (sugar, rice, tea, coffee, confectionary, fresh produce, canned goods, etc.), toiletries, household items, linens and towels, <u>new</u> women's clothing (sweat shirts & pants are especially needed), baby diapers, powered milk for babies.
NO. OF VOLUNTEERS	15-16

## CONTACT DETAILS.

•Contact details of organizations working with victims and survivors of violence, are generally private in order to protect the people they serve.

Phone: (03) 3368-8855

Hours: English and Japanese  
Thai  
Tagalog

Monday – Saturday, 10:00 AM – 5:00 PM  
Monday and Thursday, 10:00 AM – 5:00 PM  
Monday, Wednesday and Friday, 10:00 AM – 5:00 PM

## HOUSE FOR WOMEN “SAALAA”

### Focus

Human Rights, Non-  
Japanese, Women

### MISSION

To provide shelter and other necessary support to foreign women facing trafficking, domestic violence, or other problems.

Present situation to and seek solution with others in society.

### POPULATION SERVED

Women in need.

### PROJECTS/ACTIVITIES

- Provide shelter and referrals for medical and legal assistance to women facing trafficking, domestic violence and other problems.
- Provide both telephone and in-person consultation to women concerning marriage, pregnancy and immigration issues.
- Publish newsletters, hold seminars and conduct study activities with the public

	VOLUNTEER INFORMATION
SKILLS NEEDED	Translation and writing newsletter, domestic chores, babysitting, seminar planning, help with bazaars
LANGUAGES	Japanese plus and Thai, Tagalog, Spanish, English, Korean and Portuguese
TIME REQUIRED	Varies
WAYS TO CONTRIBUTE	Supplies and equipment for shelter including baby formula, diapers, women's clothing, towels, sheets, non-perishable food and home appliances. Computer equipment and office supplies. Monetary contributions to cover medical expenses.
NO. OF VOLUNTEERS	25

### CONTACT DETAILS

*•Contact details of organizations working with victims and survivors of violence, are generally private in order to protect the people they serve.*

Mail Address: P.O. Box 13, Aoba Post Office, Yokohama 225-8691

E-mail: [admin@saalaa.org](mailto:admin@saalaa.org)

Hours: Monday - Friday, 10:00 AM - 5:00 PM



# HUMAN RIGHTS WATCH TOKYO

## Focus

Children/Youth, Human Rights, Refugees, Women

### MISSION

Human Rights Watch is dedicated to protecting the human rights of people around the world. We stand with victims and activists to prevent discrimination, to uphold political freedom, to protect people from inhumane conduct in wartime, and to bring offenders to justice. We investigate and expose human rights violations and hold abusers accountable. We challenge governments and those who hold power to end abusive practices and respect international human rights law. We enlist the public and the international community to support the cause of human rights for all.

### POPULATION SERVED

Victims of human rights abuses, governmental authorities, international organizations, media

### PROJECTS/ACTIVITIES

Main topics include: Arms, Business, Children's Rights, Counterterrorism, ESC Rights, Health, International Justice, LGBT Rights, Migrants, Press Freedom, Refugees, Terrorism, Torture, United Nations, Women's Rights.

Annual fundraising dinner in Tokyo, usually in the summer.

	VOLUNTEER INFORMATION
SKILLS NEEDED	English, interest in human rights issues, Translation, research and events
LANGUAGES	English, Japanese
TIME REQUIRED	15 hours per week, 3 months
WAYS TO CONTRIBUTE	Translation, research and event assistance, monetary donations, fundraising, networking
NO. OF VOLUNTEERS	Approximately 10 Staff: 300 (Global), 2 (Tokyo)

### CONTACT DETAILS

Contact person: Riyo Yoshioka, Associate

Address: Meiji University Academy Common bldg. 7<sup>th</sup> Floor 4A  
1-1 Kanda-Surugadai, Chiyoda-ku, Tokyo Japan 101-8301 101-8301

Phone: 03-5282-5160

Fax: 03-5282-5161

E-mail: [Tokyo@hrw.org](mailto:Tokyo@hrw.org)

URL: [www.hrw.org/ja](http://www.hrw.org/ja)

BLOG <http://hrw.asablo.jp/blog/>

Hours: Monday – Friday 9:30 AM -6:30 PM

# INTERNASHOKUNAL

## Focus

Environment, Health,  
Non-Japanese

### MISSION

To promote a society which ensures that all people, with or without dietary restrictions, are able to overcome language barriers and choose what to eat safely and with peace of mind.

### POPULATION SERVED

Japanese and nonJapanese with food allergies or dietary restrictions

### PROJECTS/ACTIVITIES

1. Design Project – design standardized food pictograms to enable everybody to understand food ingredients easily.
2. Promotions Project - promote the pictograms and have them displayed as widely as possible.
3. Learning Project - take part in workshops at schools, universities, businesses, and at public events to promote understanding of issues related to differing food cultures and dietary restrictions.

The name of our organization derives from the English word “international”, and the Japanese word for food, “shoku”. The central aim of our organization, namely to contribute towards a multicultural society through food, is illustrated by this name.

	VOLUNTEER INFORMATION
SKILLS NEEDED	An interest in health and food issues.
LANGUAGES	Conversational Japanese and your native language
TIME REQUIRED	1 day per month per year
WAYS TO CONTRIBUTE	Translation, sales, research and event assistance, monetary donations, fundraising, becoming a member, networking
NO. OF VOLUNTEERS	4

### CONTACT DETAILS

Contact person: Nobutaka Kikuchi

Address: 4-21-4-401 Nakayamate-dori Chuoku Kobe

Phone: 080-3113-7409

E-mail: [info@i-nsl.org](mailto:info@i-nsl.org)

URL: <http://www.i-nsl.org>

Visit us on Facebook -

[http://www.facebook.com/pages/INTERNASHOKUNAL/102821923148820?sk=app\\_247504861956993](http://www.facebook.com/pages/INTERNASHOKUNAL/102821923148820?sk=app_247504861956993)

Hours: Monday - Friday, 10:00 AM - 6:30 PM

# INTERNATIONAL ASSOCIATION OF VOLUNTEER EFFORT (IAVE)

## Focus

Volunteer and Volunteer &  
Nonprofit NGO Support

### MISSION

To promote volunteer activities through coordination and liaison work between Japanese volunteer organizations and individuals and IAVE fellow organizations worldwide.

### POPULATION SERVED

Volunteers and voluntary organizations in Japan and worldwide.

### PROJECTS/ACTIVITIES

International and regional meetings, supporting Japanese representatives participating in meetings held outside Japan, newsletters, events on International Volunteer Day and worldwide information center.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Word processing, computer programming, translation, editing, conference planning
LANGUAGES	English and Japanese
TIME REQUIRED	Varies
WAYS TO CONTRIBUTE	Volunteers needed for newsletter, report and correspondence translation, news editing and conference preparations. Regular fundraising bazaars. Office equipment and furniture, computer equipment and software, and monetary donations.
NO. OF VOLUNTEERS	Varies

### CONTACT DETAILS

Contact Person: Akiko Seto, President

Address: IAVE Japan, #302 Gyoen Heights,  
1-6 Naito-cho,, Shinjuku-ku, Tokyo 160-0014  
Phone: (03) 3351-5130 Fax: (03) 5363-9026  
E-mail: [info@iavejapan.org](mailto:info@iavejapan.org)  
URL: <http://www.iavejapan.org>

Hours: Monday - Friday, 10:00 AM – 5:30 PM

# INTERNATIONAL EDUCATION RESOURCE AND INNOVATION CENTER (ERIC)



## MISSION

To increase awareness regarding the environment, human rights, peace and other global issues in Japan and worldwide through educational media.

## POPULATION SERVED

Primarily in Japan, providing textbooks or educational media and facilitators' training.

## PROJECT/ACTIVITIES

Educational publications, seminars and information services, human resources development in Japan. Regular fundraising through book sales, fees for training, seminars

	VOLUNTEER INFORMATION
SKILLS NEEDED	Training of participatory learning for educators and local facilitators, editing of various educational media, translation, volunteer training, assistance with fundraising
LANGUAGES	Japanese and English
WAYS TO CONTRIBUTE	Monetary donations, donations for bazaars
NO. OF VOLUNTEERS	10

## CONTACT DETAILS

Contact Person: Naoko Kakuta, President

Address: Cosmo-Nishisugamo 105, 1-93-5 Takinogawa,

Kita-ku, Tokyo 114-0023

Phone: (03) 5907-6054

Fax: (03) 5907-6095

E-mail: [eric@eric-net.org](mailto:eric@eric-net.org)

URL: <http://www.eric-net.org/>

Hours: Monday - Friday, 10:00 AM - 6:00 PM, except Wednesdays

# INTERNATIONAL MOVEMENT AGAINST ALL FORMS OF DISCRIMINATION AND RACISM (IMADR)



## Focus

Human Rights,  
Discrimination

### MISSION

To eliminate discrimination and racism. Forge international solidarity among discriminated minorities, to achieve advancement for the international human rights system.

### POPULATION SERVED

People subject to discrimination and racism in Japan and worldwide

### PROJECTS/ACTIVITIES

Projects for grassroots empowerment (e.g. running day care centers for Dalit children in India). Organizing seminars and workshops, publishing newsletters and books, participating in joint research/action projects, sending missions to investigate discrimination and strengthen solidarity among minority groups; lobbying the United Nations.

. IMADR's primary focus is to combat racism, racial discrimination and multiple discrimination (in particular, discrimination based on both race and gender), as they cut across the following areas:

- Eliminating discrimination based on work and descent
- Eliminating exploitative migration & trafficking in women and children
- Upholding the rights of indigenous peoples and minorities
- Eliminating racial discrimination in the administration of justice
- Strengthening international human rights protection mechanisms for the elimination of discrimination, racism; and promoting their effective use by the discriminated.

VOLUNTEER INFORMATION	
SKILLS NEEDED	Translation, writing, computer skills
LANGUAGES	English and Japanese, Spanish, and French also welcome.
WAYS TO CONTRIBUTE	Volunteers are needed for translation (especially from Japanese into English), proofreading, report writing, data input, and general office work. Other ways to contribute: subscribe to newsletter <i>Connect</i> , make a donation (earmarking a specific activity if you wish), and become a member (includes subscription to publications).

### CONTACT DETAILS

Contact person: Yuriko Hara, Secretary-General

Address: 6F, 1-7-1 Irifune, Chuo-ku, Tokyo 104-0042

Phone: 03-6280-3100

FAX: 03-6280-3102

E-mail: [imadr@imadr.org](mailto:imadr@imadr.org)

E-mail: [imadris@imadr.org](mailto:imadris@imadr.org)

URL: <http://www.imadr.org>

Office Hours: Monday-Friday, 9:30AM-5:30PM

Closed Saturday, Sunday and National Holidays

# JAPAN BRAILLE LIBRARY

**Focus**  
Disabilities, Education

## MISSION

To serve the visually disabled by providing Braille books, cassettes and CDs, talking books, face-to-face reading, reference service, selling aids for the blind, publishing Braille books, teaching Braille to the newly blind and others.

## POPULATION SERVED

Persons with visual disabilities in Japan and overseas.

## PROJECTS/ACTIVITIES

Volunteer education of Braille transcribers and narrators, newsletters, annual movie shows and concerts to raise funds, training workshop for computerized Braille production in ASEAN countries, and others.

	<b>VOLUNTEER INFORMATION</b>
SKILLS NEEDED	Braille transcription, narration of talking books
LANGUAGES	Japanese, occasionally other languages are needed
TIME REQUIRED	Flexible
WAYS TO CONTRIBUTE	Ticket purchase for fundraising events (movie shows and concerts) and monetary donations. Office supply donations.
NO. OF VOLUNTEERS	500

## CONTACT DETAILS

Contact Person: Mr. Tetsuji Tanaka, President

Address: 1-23-4 Takadanobaba, Shinjuku-ku, Tokyo 169-8586

Phone: (03) 3209-0241

Fax: (03) 3204-5641

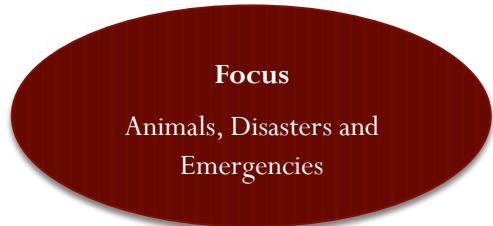
E-mail: [nitten@nittento.or.jp](mailto:nitten@nittento.or.jp)

URL: [www.nittento.or.jp](http://www.nittento.or.jp)

Hours: Tuesday - Saturday, 9:00 AM - 5:00 PM

Closed Sunday, Monday and national holidays

# Japan Earthquake Animal Rescue and Support (JEARS)



## MISSION

A grassroots coalition of 3 established and registered NO KILL NPO shelters (Animal Friends Niigata, Japan Cat Network and HEART Tokushima), formed on March 12, 2011, to rescue, shelter and support animals who have suffered as a result of the March 11.

## POPULATION SERVED

Pet owners, Animal lovers, Those directly impacted by the earthquake and who have pets/animals, Other animal welfare organisations and animal shelters (both Japanese and international)

## PROJECTS/ACTIVITIES

Delivering supplies to pets and pet owners in Tohoku

- Veterinary support
- Ongoing care of animals in our shelters
- Fostering/Adoption of animals
- Food drops to farm animals (i.e. chickens)

	VOLUNTEER INFORMATION
SKILLS NEEDED	Experience with animals and Communication skills
LANGUAGES	Japanese, occasionally other languages are needed
TIME REQUIRED	Flexible
WAYS TO CONTRIBUTE	Donating pet food and supplies, Spreading the word on our organization, especially to animal lovers, Fostering/Adoption, Volunteering in one of our shelters, Fundraising, Being a driver, Sourcing pet supplies, Veterinary assistance
NO. OF VOLUNTEERS	20-50, more than 5 speak English

## CONTACT DETAILS

Contact Persons: Selena Hoy and Susan Roberts, Co-ordinators

Address: Club Lohas 2706-1 Ueno Daiji Iwasatoji, Inwashiro-machi, Yama-gun, Fukushima-ken 969-3141

Phone: 0242-93-8777

Fax: 0242-93-8777

E-mail: [katelarsen69@hotmail.com](mailto:katelarsen69@hotmail.com), [selena@jears.org](mailto:selena@jears.org)

URL: <http://jears.org/>

Also find us on Twitter and Facebook!

Hours: Monday - Friday, 9:00 AM - 5:00 PM

# JAPAN ENVIRONMENTAL ACTION NETWORK (JEAN)

Focus  
Environment

## MISSION

The ocean is the symbol of the global environment for JEAN. We coordinate country-wide Coastal Cleanup Campaigns twice a year to promote our conservation Aims and spirit. Marine debris in the natural environment is not only unsightly but also poses threats to both people and wildlife. Our principle at JEAN is "Start with what one can do." The office serves as an intermediary for networking local coordinators and volunteers participating in the campaigns.

## POPULATION SERVED

General Public and the marine environment.

## PROJECTS/ACTIVITIES

Since 1990, as Japan's first participant in the Ocean Conservancy's International Coastal Cleanup (ICC), JEAN has carried out the Cleanup Campaign twice a year and has accumulated data and surveys on marine debris. Apart from research and cleanup activities, JEAN organizes forums and workshops in cooperation with national and local government offices, other NGOs and researchers in and outside of Japan, on the issues of marine debris. We give presentations and lectures at schools and private groups about the problem of marine litter, as well as the marine environment, in order to enlighten the public.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Envelope stuffing, Japanese, English and other languages, e.g. Korean.
LANGUAGES	Japanese and/or English. Additional language skills are most welcome
TIME REQUIRED	Hours or days
WAYS TO CONTRIBUTE	Support through membership (fees and work contribution), campaign coordination, participation and event preparation, donations
NO. OF VOLUNTEERS	About 200 supporters and 150 cleanup captains (site coordinators) in Japan. Volunteers for annual campaigns are approximately 40,000

## CONTACT DETAILS

Contact Persons: Azusa Kojima, Director

Yoshiko Ohkura, International Liaison and Information Manager (English speaking contact)

Address: Mansion Sophia 202, 3-4-12 Minami-cho, Kokubunji-shi, Tokyo 185-0021

Phone: (042) 322-0712 (Japanese)

Fax: (042) 324-8252

E-mail: [cleanup@jean.jp](mailto:cleanup@jean.jp)

URL: <http://www.jean.jp>

Hours: Monday - Friday, 10:00 AM - 6:00 PM, excluding Japanese national holidays



# JAPAN NGO CENTER FOR INTERNATIONAL COOPERATION (JANIC)

**Focus**  
Nonprofit Support

## MISSION

To foster closer relations among Japanese NGOs engaged in international cooperation.  
To provide services for NGOs, development, encourage networking among domestic and international NGOs and related organizations, and encourage dialogue among NGOs and other sectors of society.  
To deepen Japanese public understanding and support for NGO activities and international cooperation, and to conduct research on NGOs and international cooperation.

## POPULATION SERVED

Japanese NGOs and the general public.

## PROJECTS/ACTIVITIES

NGO staff development training courses: accounting courses for NGOs, information and resource center, global citizenship seminars, research and advocacy on NGO support schemes such as official development assistance for NGO activities, providing information and advisory services to local government, economic organizations, labor unions, private companies and other groups which are interested in NGO activities, seminars on Japanese NGOs and working for Japanese NGOs (held in Japanese). Volunteers needed for office work, festival and symposium.

Regular fundraising through speaking engagements, seminars, community affairs, bulk mail and t-shirt sales.

	<b>VOLUNTEER INFORMATION</b>
SKILLS NEEDED	Office skills, translation skills from Japanese to English, assistance in research, editing, fundraising and computer data entry
LANGUAGES	Japanese or English (bilingual preferred)
TIME REQUIRED	Varies
WAYS TO CONTRIBUTE	Monetary donations to Tohoku fund, support our members work overseas
NO. OF VOLUNTEERS	100 registered, 6 working

## CONTACT DETAILS

Address: 5F, Avaco Bldg., 2-3-18, Nishiwaseda, Shinjuku, Tokyo 169-0051

Phone: 81-(3) 5292-2911

Fax: 81-(3) 5292-2912

E-mail: [global-citizen@janic.org](mailto:global-citizen@janic.org), [task@janic.org](mailto:task@janic.org)

URL: <http://www.janic.org>

Hours: Monday - Friday, 9:30AM – 5:30PM

# JAPAN TROPICAL FOREST ACTION NETWORK (JATAN)

Focus  
Environment

## MISSION

To act not only as a center for the exchange of vital information, but also actively engage in various projects to research, publicize and campaign with regard to the tropical deforestation crisis.

## POPULATION SERVED

Asia and the Pacific.

## PROJECTS/ACTIVITIES

Campaign to save tropical forests and stop natural forest logging for paper.

Current focus on protection of Indonesian natural forests on peat land through educating Japanese customers.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Translation, research, editing, rewriting, interpreting and general office and organizational skills
LANGUAGES	English and Japanese (Japanese preferred)
TIME REQUIRED	Flexible
WAYS TO CONTRIBUTE	Membership and monetary donations, computer equipment and unused prepaid telephone cards
NO. OF VOLUNTEERS	50 registered and 5 active

## CONTACT DETAILS

Contact person: Toyoyuki Kawakami

Address: 3rd Floor, Shinjuku 1-23-16, Shinjuku-ku, Tokyo 160-0022

Phone: (03) 5269-5097

Fax: (03) 3341-2277

E-mail: [jatan@jca.apc.org](mailto:jatan@jca.apc.org)

URL: <http://www.jatan.org/>

Hours: Monday - Friday, 10:00 AM - 6:00 PM

## KALABAW-NO-KAI (ASSOCIATION IN KOTOBUKI FOR SOLIDARITY WITH FOREIGN MIGRANT WORKERS)



### MISSION

To support migrant workers and Non-Japanese residents who are facing labor, marriage or other problems. To facilitate the establishment of self-help groups among Non-Japanese.

### POPULATION SERVED

Non-Japanese migrant workers and residents, mainly in Kanagawa prefecture.

### PROJECTS/ACTIVITIES

Consultation on labor issues (unpaid wages, labor accident, etc.), and residence (marriage, divorce etc.) and refugees.

Japanese language classes. Event planning for cultural exchange.

Telephone Consultation: Tuesday-Friday 7:00 PM – 9:00 PM.

Face to Face Consultation. Must be previously arranged by telephone every Sunday 2:00 PM – 5:00 PM.

Japanese Classes: Saturdays 7:00 PM- 9:00 PM

VOLUNTEER INFORMATION	
SKILLS NEEDED	Counseling, Interpreting/translation, computing, event planning, fundraising
LANGUAGES	Japanese, English, Tagalog, French and Thai; other languages also useful.
TIME REQUIRED	Varies
WAYS TO CONTRIBUTE	Volunteers to help with counseling, Interpreting/translation; PR (news letter and website); event support, teaching Japanese, fundraising. Monetary donations also welcome.
NO. OF VOLUNTEERS	40

### CONTACT DETAILS

Contact person: Makiko Ando, officer

Address: Rm. 202 Kaneoka Bldg. 3-10-13, Naka-ku, Yokohama-shi; Kanagawa-ken 231-0026

Phone/Fax: (045) 662-5699

E-mail: [kalabaw77@nifty.com](mailto:kalabaw77@nifty.com)

URL: <http://homepage3.nifty.com/kalabaw/>

BLOG: <http://kalabaw.blog.fc2.com/>

Hours: Tuesday - Friday 7PM-9PM, Sunday 2PM – 5PM

# KALAKASAN MIGRANT WOMEN'S EMPOWERMENT CENTER

**Focus**  
Homeless, Children/  
Youth Non-Japanese,  
Women

## MISSION

To facilitate the empowerment of migrant women and their children, so that they might reclaim their inner strength.

## POPULATION SERVED

Migrant women of any nationality or age, including women with children.

## PROJECTS/ACTIVITIES

Through programs and support systems for migrant women and their children, KALAKASAN responds comprehensively to women and children in crisis, particularly those bearing complex problems. Provides crisis intervention services and follow-up programs focusing on healing and self-reliance.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Translation (Tagalog, English and Japanese), legal knowledge, able to work with small children, professional education and counselling background helpful
LANGUAGES	Japanese skills helpful, English required
TIME REQUIRED	Varies by activity
WAYS TO CONTRIBUTE	Donations of household items in good condition, cash donations
NO. OF VOLUNTEERS	Several groups of volunteers per project

## CONTACT DETAILS

*•Contact details of organizations working with victims and survivors of violence, are generally private in order to protect the women they serve.*

Location: Kanagawa prefecture

Phone; 044-580-4675

Fax : 044-580-4676

E-mail : kalakasan@inada-noborito.com

URL: www.k5.dion.ne.jp/~kalakasa

Hours: Varies but generally Monday – Friday, 10:00AM - 6:00 PM

# KANAGAWA WOMEN'S SPACE

## "Ms. LA"



### MISSION

To support all women in oppressive or disadvantaged situations to recover their self-esteem, empower themselves and make decisions about their lives.

### POPULATION SERVED

Women facing troubles, regardless of nationality or visa status.

### PROJECTS/ACTIVITIES

Social work, labor union activity, and social action sections undertake projects including: telephone helpline, intake interviews, temporary crisis shelter, counseling, accompanying to immigration offices, embassies etc, networking and campaigns.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Writing, translation, counseling. Volunteers are required to complete the Volunteer Counselor Training Course
LANGUAGES	Japanese, English, Chinese, Tagalog, Thai, Korean, Portuguese, Spanish
TIME REQUIRED	Flexible
WAYS TO CONTRIBUTE	Supplies for charity bazaar, equipment for shelter and monetary contributions
NO. OF VOLUNTEERS	40

### CONTACT DETAILS

Contact Person: Keiko Ariizumi, Chief Director

Address: 2-1-613 Aoki-cho, Kanagawa-ku, Yokohama 221-0057

Phone: (045) 451-3776

Fax: (045) 451-6967

Hours: Monday - Friday, 2:00 PM - 5:00 PM (Office Hours)

6:00 PM - 8:00 PM (Consulting Hours)

## KYOFUKAI STEP HOUSE

**Focus**  
Children/youth,  
Homeless, Welfare,  
Women

### MISSION

To provide emergency shelter and advice to women who become homeless, women due to home violence, or other family problems.

### POPULATION SERVED

Women who have been victims of home violence, young and old, in need of support. Clients are females from 15 to 65 years old and to date have totaled 300.

### PROJECTS/ACTIVITIES

Introduces professionals to help with medical, legal and mental health support. Provides women with a place to stay during difficult times, averaging from about six months, while some stays have been up to two years.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Legal knowledge, able to work with small children, professional psychiatric background helpful
LANGUAGES	Japanese skills needed, other languages are helpful
TIME REQUIRED	Varies by activity
WAYS TO CONTRIBUTE	Donations of household items (sheets, towels, soap and detergents) common use food items (rice, oil) and cash donations
NO. OF VOLUNTEERS	Several per week

### CONTACT DETAILS

*•Contact details organizations working with victims and survivors of violence are generally private in order to protect the people they serve.*

Location: Tokyo

Tel: 03-3364-3133

E-mail: [kstep@k5.dion.ne.jp](mailto:kstep@k5.dion.ne.jp)

FAX 03-3364-1866

URL: <http://www18.ocn.ne.jp/~kyofukai/04fastep.htm>

Hours: Monday – Friday, 10:00 AM - 6:00 PM

# KYOTO JOURNAL (KJ)

Focus  
Arts, Culture, Community

## MISSION

Since 1986, in 75 printed issues, as a non-profit all-volunteer-based quarterly magazine, KJ has featured a great diversity of fresh Asia-related observations, visions and perspectives. Our contributors share valuable insights through special features, interviews and profiles, fiction, poetry, photo-essays and reviews, in both omnibus and themed issues. KJ has developed an Asia-wide network of sources, and a world-encompassing subscriber base. But print is clearly being superseded by new digital media, with vast potential for diversification of content, and the life-spark of active connectivity.

As of Spring 2011, we are continuing our evolution by exploring this unprecedented new media potential with a wholly-new website and a digital-based quarterly publication, in a new e-reader-friendly format.

## POPULATION SERVED

Anyone who reads English and has a deep interest in Japanese and Asian culture and values.

## PROJECTS/ACTIVITIES

In addition to publishing our magazine, KJ co-sponsors exhibitions. KJ is also publishing a bi-lingual book on Alternative Energy in Japan in response to the Fukushima disaster. KJ is currently participating in the Restoring Memories Project, which aims to restore photographs damaged by the tsunami – Photoshop is used to fix the images and then send them back to their owners.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Editing, Image search and editing, web uploading, marketing, accounting, event planning, translation, Photoshop
LANGUAGES	English and Japanese
TIME REQUIRED	Varies by activity
WAYS TO CONTRIBUTE	Help with promotion and marketing of our publications and projects. Assist with Restoring Memories Project; need help over several years.
NO. OF VOLUNTEERS	50-100, more than 5 speak English

## CONTACT DETAILS

Contact person: John Einarsen, Founding Editor

Address: 76-1 Tenno-cho, Okazaki, Sakyo-ku, Kyoto 606-8335

Tel: 075-761-1433

Fax: 075-761-1433

E-mail: [feedback@kyotojournal.org](mailto:feedback@kyotojournal.org)

URL: [www.kyotojournal.org](http://www.kyotojournal.org)

Hours: Irregular, call anytime up to 8pm at night

# LIVE WITH FRIENDS ON THE EARTH (LIFE)

## Focus

Disasters and  
Emergencies,  
Environment

### MISSION

Our mission is to promote mutual understanding and cooperation among all people living on Earth and to contribute to achievement of a peaceful and comfortable society and to environmental conservation. We provide opportunities to those who share our vision for their self-advancement by actively participating in our activities.

### POPULATION SERVED

'Friends' on Earth who are deprived of basic human needs and a comfortable living environment.

### PROJECTS/ACTIVITIES

Activities abroad focus on projects such as, supplying clean water, reforestation, and leadership training in India and Indonesia. We focus on empowerment of the less privileged in society, such as residents of poor rural areas and women.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Computer skills (Word, Excel, HTML), office work, public relations, translation, volunteer co-ordination, event planning, fundraising
LANGUAGES	Japanese (at least conversational level), English, Indonesian, Tamil, and other languages
TIME REQUIRED	Flexible (Interns must commit to at least one morning/afternoon each week for 6 months)
WAYS TO CONTRIBUTE	Become a member, plan events, participate in study tours to India or Indonesia, help at office, plan and conduct fundraising, translate, stamp sorting, Japanese picture book translation, use creative/computer skills, translate or other volunteer activities at home
NO. OF VOLUNTEERS	A few at a time at our office, and around 20 home-based volunteers

### CONTACT DETAILS

Contact Person: Mr. Yoneyama, Director

Address: Tokyo Sanwa Building 501, 2-2-2 Fujimi, Chiyoda, Tokyo 102-0071

Phone: (03) 3261-7855

Fax: (03) 3261-9053

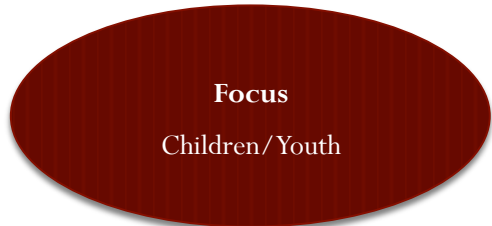
E-mail: [life@earth.email.ne.jp](mailto:life@earth.email.ne.jp)

URL: <http://www.ne.jp/asahi/life/home/index.html>

Hours: Monday - Friday, 10:00 AM - 6:00 PM



# LIVING DREAMS



Focus

Children/Youth

## MISSION

Focused on improving the lives of kids who live in children's homes (orphanages) in the Tokyo area. Through continual and personal communications across a network of homes, the mission is to deliver effective, enriching and continual opportunities to as many children as possible, to provide a level of support that goes beyond day-to-day basic needs. Centered along the principle of L\*A\*S\*T (Learning, Arts, Sports and Technology), to create continual and positive programs across these categories that help feed imaginations, bolster self-confidence and improve overall motivation.

## POPULATION SERVED

Children's homes in the Tokyo area. Currently Living Dreams serves 24 homes.

## PROJECTS/ACTIVITIES

- Designing Artists Academy - annual 10 day summer arts camp
- Digital Natives - buy and install computer labs for children's homes
- Staff Training Program - training for support staff at children's homes, led by clinical psychologist
- Learn to Snowboard program - providing opportunities during the winter season for children to learn how to snowboard
- Succeed through Service internship program - providing older children with hospitality training
- Christmas Wish Program - providing children 'wished for' gifts at Christmas time
- Smile and Dreams: Tohoku Orphans activities and support program

	VOLUNTEER INFORMATION
SKILLS NEEDED	No specific skills are necessary, anyone with compassion who has time to donate to the mission is welcome. Full review of Living Dreams, internal processes, visits to children's homes, etc. Volunteers to help communicate with the network of children's homes and to develop programs
LANGUAGES	Bilingual preferred but not mandatory
TIME REQUIRED	As much time as a person can offer
WAYS TO CONTRIBUTE	Monetary donations, Children's items.
NO. OF VOLUNTEERS	20 mostly bilingual

## CONTACT DETAILS:

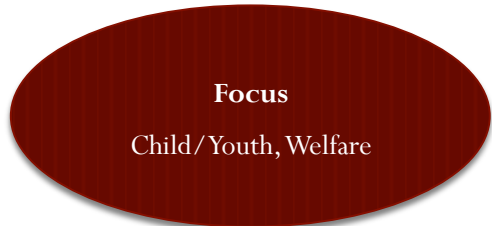
Contact Person: Amy Moyers-Knopp, interim managing director

Address: 3-4-22-401 Mita, Minato-ku Tokyo Japan 108-0073

URL [livingdreams.jp](http://livingdreams.jp)

Email: [amy.moyers@gmail.com](mailto:amy.moyers@gmail.com)

# MAKE A WISH JAPAN



**Focus**

Child/Youth, Welfare

## MISSION

To grant the wishes of children with life threatening illnesses. Affiliated with Make-A-Wish Foundation International.

## POPULATION SERVED

Children living in Japan, between the ages of 3 and 18 years old, with life threatening illnesses.

## PROJECTS/ACTIVITIES

“Wish Granting” - arranging “wish fulfillment” for children. Children who are medically qualified by their doctor can be referred. The Wish Team, visits the child to determine the wish and works out the details involved.

	<b>VOLUNTEER INFORMATION</b>
SKILLS NEEDED	Clerical, fundraising, event planning, public relations
LANGUAGES	Japanese useful but not required
TIME REQUIRED	Volunteers meet every third Tuesday. Volunteer training is held twice a year
WAYS TO CONTRIBUTE	Purchase Make-A-Wish merchandise, sponsor costs associated with the organization’s operations, adopt a “Wish” for sponsorship, or provide useful services or contacts
NO. OF VOLUNTEERS	3,500

## CONTACT DETAILS

Contact Persons: Hisako Ohno,  
Masako Okabayashi,  
Tomoko Suzuki

Address: Ichibancho Tokyu Bldg 7F, 21 Ichibancho, Chiyoda-ku, Tokyo 102-0082

Phone: (03) 3221-8388

Fax: (03) 3221-8380

E-mail: [tokyo@mawj.org](mailto:tokyo@mawj.org)

URL: <http://www.mawj.org/>

MEDECINS du MONDE Japon  
DOCTORS OF THE WORLD Japan



**MISSION**

Founded in 1980, Médecins du Monde (Doctors of the World) is an international humanitarian organization whose medical and non-medical volunteers provide healthcare for the most vulnerable and marginalized populations worldwide. Currently Mdm runs 300 programs in 100 countries. It works in emergency, post-emergency and rehabilitation, as well as long-term development.

**POPULATION SERVED**

World population in medical need.

**PROJECTS/ACTIVITIES**

Provide medical aid to the most vulnerable populations in the world: victims of natural disasters, famines, epidemics, infectious diseases (malaria, HIV/AIDS, tuberculosis), armed conflicts, political repression, minorities as well as to street children. Médecins du Monde’s additional missions include speaking out against those who obstruct access to healthcare, as well denouncing those who violate human rights and dignity.

	<b>VOLUNTEER INFORMATION</b>
SKILLS NEEDED	Event organization, data input, accounting, legal counseling. Training provided
LANGUAGES	Japanese mainly, sometimes English or French
TIME REQUIRED	A few hours each week, or full-time for minimum 1 month
WAYS TO CONTRIBUTE	Donations, volunteering, organizing charity events, introducing contacts
NO. OF VOLUNTEERS	150 volunteers registered to help in Japan No. of staff : 400 in the world, 5 in Japan No. of staff that speak English : all staff in Japan speaks English

**CONTACT DETAILS**

Contact person: Prune Helfter, General Director

Address: PMC Bldg 4F, Higashi-Azabu 1-23-5, Minato-ku, Tokyo

Phone: 03-3585-6436

Fax:03-3560-8073

E-mail: [info@mdm.or.jp](mailto:info@mdm.or.jp)

URL: [www.mdm.or.jp](http://www.mdm.or.jp)

Hours: Monday – Friday, 10:00 AM – 6:00 PM

# MEGURO INTERNATIONAL FRIENDSHIP ASSOCIATION (MIFA)

**Focus**  
Cultural Exchange, Non-  
Japanese, Nonprofit  
Support

## MISSION

To promote international exchanges in Meguro City, and to deepen mutual understanding amongst people as a result under the encouragement of Meguro citizen's creativeness and vitality, and thereby contribute to the formation of "Meguro City - open to over the world"

## POPULATION SERVED

People living in Meguro-ku; Japanese and Non-Japanese

## PROJECTS/ACTIVITIES

- 1) Activities promoting cooperative friendship with foreign cities which Meguro City has established links.
- 2) Exchanges in culture, sports, economy etc. between the people of foreign cities and Meguro.
- 3) The introduction of foreign cities to the people of Meguro, and vice-versa.
- 4) Investigation, research, and publicity to promote international exchanges.
- 5) Communication, coordination, and assistance with or to groups related to MIFA.
- 6) All other activities necessary to achieve MIFA's objectives.

	<b>VOLUNTEER INFORMATION</b>
SKILLS NEEDED	Translating, Proofreading, interest in cultural exchange
LANGUAGES	Japanese, English, Tagalong, Chinese, Korean
TIME REQUIRED	Varies
NO. OF VOLUNTEERS	Cooperative members of 700

## CONTACT DETAILS

Address: 5th Floor of Meguro City Office Complex' Annex,  
2-19-15 Kamimeguro, Meguro-ku, Tokyo 153-0051

Phone: (03) 3715-4671

Fax: (03) 3715-4672

E-mail: [info@mifa.jp](mailto:info@mifa.jp)

URL: <http://www.mifa.jp>

Hours: Monday - Friday, 8:30 AM - 5:00 PM

**MICAELA RYO  
(WOMEN'S SHELTER)**



**MISSION,**

To provide emergency shelter to any woman in need.

**POPULATION SERVED**

Women of any nationality or age, including women with children.

**PROJECTS/ACTIVITIES**

Provide room and board for up to three months to women referred by local social welfare offices; half-day nursery; preparation for monthly fundraising garage sale; cooking and sewing classes.

	<b>VOLUNTEER INFORMATION</b>
SKILLS NEEDED	Translation (Thai, Tagalog, Spanish and Korean), legal knowledge, able to work with small children, professional psychiatric background helpful
LANGUAGES	Some Japanese skills needed, as well as English, Korean, Spanish, Thai, Tagalog
TIME REQUIRED	Varies by activity
WAYS TO CONTRIBUTE	Donations of household items in good condition, other items for monthly garage sale and cash donations
NO. OF VOLUNTEERS	Several groups of volunteers, average of 2 per week

**CONTACT DETAILS**

*•Contact details of organizations working with victims and survivors of violence are generally private in order to protect the people they serve.*

Location: Tokyo

Phone: (045) 251-4023

Fax: (045) 251-4963

(Only Japanese and Spanish available on Thursdays)

Hours: Monday – Friday, 10:00AM -5:00 PM

# M.I.A. MINATO INTERNATIONAL ASSOCIATION



## MISSION

Aims to realize a multi-cultural society, through sponsorship of various events and provision of support for foreigners based on volunteer activities. As many embassies, corporate offices and foreign residents are based in Minato City, much international contact occurs naturally, but MIA helps to promote this contact through various activities.

## POPULATION SERVED

General Public in Minato-ku.

## PROJECTS/ACTIVITIES

Home stays, home visits, hiking, embassy visits for junior and senior high school students, LRJ( Let's Rediscover Japan), LCJ( Let's Chat in Japanese), translation/interpreting, beginner language classes for Japanese training class for English, Chinese and Spanish interpreters (volunteer), Foreigner Advisory Service, Japanese cooking.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Teaching English, Chinese, Spanish and other languages, translation of English, Chinese, Korean, Spanish, French and others, interpreting
LANGUAGES	Depends on project
TIME REQUIRED	Flexible
NO. OF VOLUNTEERS	305

## CONTACT DETAILS

Contact Person: Masahiro Otomo, Secretary General

Address: Toei Kita Aoyama 1-chome Apartments, Building 3 B1  
1-6-3 Kita Aoyama, Minato-ku, Tokyo, 107-0061

Phone: (03) 6440-0233

Fax: (03) 6440-0234

E-mail: [office@minato-intl-assn.gr.jp](mailto:office@minato-intl-assn.gr.jp)

URL: [www.minato-intl-assn.gr.jp](http://www.minato-intl-assn.gr.jp)

Hours: Monday - Friday, 8:45 AM - 8:15 PM

Saturday, 8:45 AM - 5:15 PM

# MISSIONARIES OF CHARITY

Focus  
Homeless, Poverty

## MISSION

To help those in need through Christian activity.

\* A humanitarian and advocate for the poor and helpless founded by Mother Teresa.

## POPULATION SERVED

People in the Taito-ku neighborhood, especially day laborers many of whom suffer from alcoholism, gambling addiction and isolation.

## PROJECTS/ACTIVITIES

Light meals provided four days a week during which time the brothers and volunteers talk or play games with the people who come to eat and distribute clothing.

Fundraising for elderly savings, holiday parties and other events.

Distribution of food: Tuesday prep starts at 8:30 AM, distribution around 10:00 AM

Saturday prep starts at 8:30 AM, distribution around 10:00 AM - 11:30 AM

	VOLUNTEER INFORMATION
SKILLS NEEDED	No special skills required, just a willingness to give of one's time
LANGUAGES	English and Japanese
TIME REQUIRED	Flexible
WAYS TO CONTRIBUTE	Donate men's clothes, blankets, towels, non-perishable goods
NO. OF VOLUNTEERS	25 - 30 on Tuesdays 40 - 50 on Saturdays

## CONTACT DETAILS

Contact Person: Brother Benedict

Address: 2-2-14 Nihontsutsumi , Taito-ku, Tokyo 111-0021

Phone: (03) 3876-2864

Fax: (03) 3873-1486

URL: <http://missionariesofcharitysanya.wordpress.com/>

Hours: Monday – Saturday 10AM - 5PM

Closed -Thursday and Sunday

# NERIMA INTERNATIONAL FRIENDSHIP ASSOCIATION

Focus  
Cultural Exchange,  
Non-Japanese

## MISSION

To promote cross-cultural interaction in the community, assist Nerima-city's Non-Japanese residents, and promote international understanding.

## POPULATION SERVED

Persons living in Nerima City

## PROJECTS/ACTIVITIES

Telephone information service and information counter in the office in English, Chinese, and Korean on weekday afternoons (Mon.-Fri. for Chinese and English, Friday for Korean); Japanese classes; quarterly publication of newsletter in English, Chinese, Korean and Japanese; cultural lectures and goodwill trips abroad; interpretation service at schools and municipal facilities

	VOLUNTEER INFORMATION
SKILLS NEEDED	Interpretation
LANGUAGES	Most languages are needed, but Asian languages are particularly in demand.
TIME REQUIRED	Flexible
WAYS TO CONTRIBUTE	Register with our volunteer-interpreter list
NO. OF VOLUNTEERS	Volunteer interpreters: 250

## CONTACT DETAILS

Contact Person: Yuta Tanaka, Chief of Culture & International Relations Section

Address: Nerima City Office, 6-12-1 Toyotama-kita, Nerima city, Tokyo 176-8501

Phone: (03) 3994-4725

Fax: (03) 3993-6500

E-mail: [kokusai@city.nerima.tokyo.jp](mailto:kokusai@city.nerima.tokyo.jp)

URL: [www.city.nerima.tokyo.jp/manabu/kokusai](http://www.city.nerima.tokyo.jp/manabu/kokusai)

Hours: Monday - Friday, 10:00 AM – 5:30 PM



## O.G.A. FOR AID

### Focus

Community development  
Disasters & Emergencies,  
Education

### MISSION

- To provide disaster relief aid.
- To contribute to the long-term betterment and rehabilitation of communities.
- To provide educational programs and contribute to the economic enhancement of low income or impoverished communities

O.G.A. FOR AID was established in the immediate aftermath of the March 11 disasters. Our team supports Minamisanriku and its surroundings, beginning with immediate relief aid and continuing with ongoing support related to community rehabilitation. We help the people stand on their own and contribute to developing an even better society than existed before so that people from throughout Japan and even the world can look to it for inspiration.

### PROJECTS/ACTIVITIES

Continuing distribution of food and water where required but now focusing on community development and job creation via two projects:

1. GFA (Green Farmers Association) - rebuilding the agricultural sector by harvesting vegetables.
2. Community Learning Center - English teaching, playroom for kids, internet facilities, coffee shop.

These and other projects are ongoing and will eventually be completely handed over to the local community.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Various needs including: CAN DO attitude, flexibility, willingness to try different things and take the initiative, computer proficiency, translation, various farm related work in the field (clearing land, tilling, planting), bookkeeping for office support.
LANGUAGES	Fluency in Japanese and English, some Spanish
TIME REQUIRED	5 hours per week for one month, though prefer longer time period as in 5-10 hours per week for at least 3 months, at home or in the field
WAYS TO CONTRIBUTE	fund-raising, event organization, PR, awareness raising of organization/ events, research grants and grant writing, cash donations. Donations of items for our teaching and farming projects
NO. OF VOLUNTEERS	More than 10, more than 5 speak English

### CONTACT DETAILS

Contact Person: Damon Farry, Director of PR/Logistics

Address: 99-17 Kurosaki, Minamisanriku, Motoyoshi-gun Miyagi-ken 986-0766

Phone: 090-3922-7146

E-mail: [damon@ogaforaid.org](mailto:damon@ogaforaid.org), [ogaforaid@gmail.com](mailto:ogaforaid@gmail.com)

URL: <http://www.ogaforaid.org>

Visit OGA for AID on FB, Twitter and Mixi as well.

Hours: Everyday, 10AM – 8PM

# OXFAM JAPAN



## MISSION

Oxfam believes that in a world rich in resources, poverty isn't a fact of life but an injustice which must be overcome. We believe that everyone is entitled to a life of dignity and opportunity, and we work with poor communities, local partner organizations, volunteers and supporters to make this a reality. Oxfam's goal is a world where every person is safe, healthy, secure, skilled, heard, and equal.

## POPULATION SERVED

Disadvantaged in over 100 countries around the world.

## PROJECTS/ACTIVITIES

- Emergency relief work
- HIV/AIDS programs
- Women's livelihood
- Natural resources management:
- Disaster preparedness & management
- Youth Employment Program

	VOLUNTEER INFORMATION
SKILLS NEEDED	English media liaison, organizing fundraising events
LANGUAGES	English (Japanese preferred but not required)
TIME REQUIRED	Flexible
WAYS TO CONTRIBUTE	Contacting English media for announcements, organizing fundraising events, monetary contributions or helping with events
NO. OF VOLUNTEERS	20

## CONTACT DETAILS

Contact Person: Tomoko Koga, Communications Director

Address: 1-20-6, Higashiueno Taito-ku, Tokyo 110-0015

Phone: (03) 3834-1556

Fax: (03) 3834-1025

E-mail: [oxfaminfo@oxfam.jp](mailto:oxfaminfo@oxfam.jp)

URL: [www.oxfam.jp](http://www.oxfam.jp)

Hours: Monday - Friday, 9:00 AM - 6:00 PM

# PEACE BOAT



## MISSION

Peace Boat seeks to create awareness and action based on effecting positive social and political change in the world. We pursue this through the organization of global educational programmes, responsible travel, cooperative projects and advocacy activities. These activities are carried out on a partnership basis with other civil society organizations and communities in Japan, Northeast Asia, and around the world.

## POPULATION SERVED

Open to participation by anyone, both Japanese and non-Japanese, of any age, background etc.

## PROJECTS/ACTIVITIES

- Global Voyages for peace and cultural understanding
- Disaster relief in Ishinomaki, Miyagi through coordination of volunteers for mud clearing, food provision, support in evacuation centres etc, [peaceboat.org/relief](http://peaceboat.org/relief)
- Peacebuilding and conflict prevention in Northeast Asia, through coordination of the Global Partnership for the Prevention of Armed Conflict (GPPAC), [www.gppac.net](http://www.gppac.net)
- Global Article 9 Campaign to Abolish War, [www.article-8.org](http://www.article-8.org)

	VOLUNTEER INFORMATION
SKILLS NEEDED	For onboard volunteers, language skills or teaching experience is required for each position - view the website for details. For volunteers in Tohoku, no particular skills are required except time and motivation! Volunteers with particular skills such as language skills, drivers licenses etc. will often be allocated to work that fits their experience.
LANGUAGES	Proficiency in English or Japanese is necessary; proficiency in Spanish, Chinese, and / or Korean is also highly welcomed.
TIME REQUIRED	Depends on the type of work.
WAYS TO CONTRIBUTE	Assistance with fundraising, monetary contributions or helping with events. Items for communities visited during the global voyages (such as soccer or baseball equipment, stationery, musical instruments etc.) changes regularly, please enquire directly to our office at 03-3363-7561.
NO. OF VOLUNTEERS	100+

## CONTACT DETAILS

Contact Person: Meri Joyce, International Coordinator

Address: B1, 3-13-1 Takadanobaba, Shinjuku, Tokyo 169-0075

Phone: 03-3363-8047

Fax: 03-3363-7562

E-mail: [pbglobal@peaceboat.gr.jp](mailto:pbglobal@peaceboat.gr.jp)

URL: <http://www.peaceboat.org>

Hours: Monday - Friday, 9:30 AM - 7:00 PM

# POLARIS PROJECT JAPAN

## Focus

Child/Youth, Human Rights, Non-Japanese, Women

### MISSION

Polaris Project Japan is dedicated to combating human trafficking and modern-day slavery in Japan, particularly the exploitation of women and children in the sex industry. Activities address both domestic and international forms of human trafficking, as well as the commercial sexual exploitation of children (CSEC).

### POPULATION SERVED

The primary beneficiaries are victims of human trafficking and those in danger of being trafficked. The target audience for our public awareness campaigns is the broader Japanese public, as well as government officials, law enforcement agencies, and service providers.

### ACTIVITIES AND PROGRAMS:

Efforts focus on three main activities: victim assistance, public awareness, and advocacy. In addition to operating an emergency hotline, Polaris Project:

- Provides information and resources to those in need and to those who are supporting them;
- Holds regular seminars “Do you know human trafficking?” to educate the public about the facets of the issue.
- Uses social networking to spread awareness of human trafficking and related issues.
- Distributes informational cards for women and children in the disaster-affected areas on how they can protect themselves against sexual and other forms of violence in the disorder and stress of post-disaster life.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Web programming, event flyer layout and design, fundraising, PR support, event coordination and support, administrative support, translation
LANGUAGES	Japanese and English are required
TIME REQUIRED	Varies by position: an average of 5 hours per week; a commitment of 6 months is required.
WAYS TO CONTRIBUTE	Volunteers needed to help with web programming, event flyer design, translation, office work, and campaigning. Monetary donations also greatly helpful
NO. OF VOLUNTEERS	20+

### CONTACT DETAILS

Polaris Japan Office P.O. Box 7 Shibuya Post Office, Tokyo 150-8691

Phone : 050-3496-7615

Fax : 020-4669-6933

Email : [info@PolarisProject.jp](mailto:info@PolarisProject.jp)

URL: [www.polarisproject.jp](http://www.polarisproject.jp)

Blog: <http://d.hatena.ne.jp/polarisproject/>

Disaster project blog: <http://ssv311.blogspot.com/>

# REFUGEES INTERNATIONAL JAPAN (RIJ)

**Focus**  
Refugees, Nonprofit  
Support

## MISSION

Refugees International Japan is an independent, not-for-profit organization dedicated to raising funds to assist refugees who have lost everything as a result of war and conflict. Refugees International Japan channels fund to projects run by experienced organizations already working with refugees out in the field, ensuring that assistance goes quickly and directly to where it is most needed.

## POPULATION SERVED

Since 1979 Refugees International Japan has supported over 500 projects in more than 40 countries, distributing in excess of US\$7 million to many thousands of innocent victims of conflict.

## PROJECTS/ACTIVITIES

Refugees International Japan funds projects for emergency situations, provides assistance to meet basic survival needs, supports pilot schemes and distributes grants for training and education.

RIJ favors projects that empower and build self-sufficiency in order to give refugees the means and hope to return home. Preference goes to projects for the most vulnerable: women, children, the elderly and those physically challenged.

	<b>VOLUNTEER INFORMATION</b>
SKILLS NEEDED	Fund raising, event planning, public relations, computer skills, finance, marketing, writing, and editing
LANGUAGES	Japanese, English
TIME REQUIRED	Variable and flexible
WAYS TO CONTRIBUTE	Make a donation, provide professional support, become a member, attend an event, help at event, organize your own event
NO. OF VOLUNTEERS	100

## CONTACT DETAILS

Contact Persons: Jane Best, CEO  
Taeko Numata, Administrative Assistant

Address: c/o Showa Shell Sekiyu Yu K.K. Daiba Frontier Bldg. 12F,  
2-3-2 Daiba, Minato-ku, Tokyo, 135-8074  
Phone: (03) 5500-3093  
Fax: (03) 5500-3094  
E-mail: [enquiries@refugeesinternationaljapan.org](mailto:enquiries@refugeesinternationaljapan.org)  
URL: [www.refugeesinternationaljapan.org](http://www.refugeesinternationaljapan.org)

Hours: Monday - Thursday, 10:00 AM - 3:00 PM

# RESILIENCE



Focus  
Counseling,  
Women

## MISSION

To assist women in healing and regaining their lives after an abusive relationship by increasing self-awareness and understanding through educational workshops.

## POPULATION SERVED

Women who have survived abusive relationships, also anyone who wishes to gain knowledge about the effects of domestic violence to help support a friend or client.

## PROJECTS/ACTIVITIES

\* Women's Program: Program: Based on 12 themes related to understanding violence, trauma, and the process of healing. Worksheets are used for self-reflection. A self-reflective workshop for survivors of domestic violence, harassment, and trauma, or those hoping to support a survivor, which uses worksheets to help deepen understanding of the effects of violence to assist in the healing process. English Women's Program held once a month on 6 different themes, Japanese Women's Program (called "Kokorono care kouza" in Japanese) held at 3 locations on 12 themes.

\* Facilitator Training Program: Training for facilitating the Women's Program. (Offered in Japanese only)

VOLUNTEER INFORMATION	
SKILLS NEEDED	Any skills or hobbies that can be shared with survivors of domestic violence through a one-time event or workshop. We are looking for volunteers who are open-minded, willing to listen but can hold back from giving advice.
LANGUAGES	Japanese and English
TIME REQUIRED	No minimum time commitment, provided translations are completed by deadlines.
WAYS TO CONTRIBUTE	If anyone is willing to share their talents with us to run a one-time workshop or event that would be empowering for survivors of domestic violence, please contact us. Anyone who can help bring a smile, be it through outdoor activities, crafts, cooking, English conversation class, etc., let's get together to share ideas! Help us by passing our flyers and brochures out to people to let them know about our Women's Program. Invite us to speaking engagements on the topic of domestic violence, abusive relationships, healing from trauma, etc. to raise awareness.
NO. OF VOLUNTEERS	No. of staff: 4 (2 English speaking) No. of members: 16 (6 English speaking)

## CONTACT DETAILS:

Contact person: Robyn Tsuji

Address: 4-14-19-110A Jingumae Shibuya-ku Tokyo 150-0001

Phone: 03-3408-4616 Fax: 03-3408-4616

E-mail: [info@resilience.jp](mailto:info@resilience.jp)

URL: [www.resilience.jp](http://www.resilience.jp)

Hours: Monday - Friday 11AM – 4PM

# ROOM TO READ



## MISSION

Room to Read partners with local communities throughout the developing world to establish schools, libraries and other educational infrastructure. We seek to intervene early in the lives of children in the belief that education is a lifelong gift that empowers people to ultimately improve socioeconomic conditions for their families, communities, countries and future generations. Through the opportunities that only an education can provide, we strive to break the cycle of poverty, one child at a time. Our long-term goal is to provide educational access to 10 million children throughout Asia, Africa and by 2015.

## POPULATION SERVED

Rural communities in Nepal, Vietnam, Cambodia, India, Sri Lanka, Laos, Zambia and South Africa.

## PROJECTS/ACTIVITIES

Funds are raised in Japan and other developed countries to build schools and libraries, establish long-term scholarships for girls, publish books in local languages, and establish computer and language labs in developing countries.

The Tokyo chapter has been very successful in raising funds and has become a great way to meet new people who share the same goal.

Committees Event: Business development, Communication (web/ PR), SHS (Students Helping Students), Volunteer Coordination to help organize communication among volunteers.

	VOLUNTEER INFORMATION
SKILLS NEEDED	We need volunteers who have creativity to plan and organize fun ways to do fundraising in Japan.
LANGUAGES	English and/or Japanese
TIME REQUIRED	Days or nights as available
WAYS TO CONTRIBUTE	Join a committee, organize a fundraising event; read-a-thon, or fundraising appeal, introduce Room to Read to potential sponsors.
NO. OF VOLUNTEERS	Over 1,000 in Japan

## CONTACT DETAILS

Contact Persons: Kaho Matsumaru, Room to Read Japan Director

Kenji Tanahashi and Meg Nakajima-Caldwell, Room to Read Tokyo Chapter Leaders

Address: Izumi Garden Tower 26F, Roppongi 1-6-1 Minato-ku, Tokyo 106-6024

Phone: 03-5545-7285

080-3707-3887

E-mail: [tokyo@roomtoread.org](mailto:tokyo@roomtoread.org)

URL: <http://www.roomtoread.org>

<http://roomtoreadjapan.org/>

Blog <http://roomtoreadjapan.org/>

# RUN FOR THE CURE FOUNDATION



**Focus**  
Health, Women

## MISSION

Our mission is to eradicate breast cancer in Japan as a life-threatening disease through education, timely screening, and treatment.

## POPULATION SERVED

Women in Japan, especially in areas with low breast cancer screening rates.

## PROJECTS/ACTIVITIES

- Fund educational initiatives
- Fund clinical examinations and mammography
- Donate funds to organizations that promote activities specific to the mission of the foundation
- Develop and execute community outreach programs

Regular events include: Run for the Cure/Walk for Life, Pink Ball and A Day at Atsugi Golf Tournament

	<b>VOLUNTEER INFORMATION</b>
SKILLS NEEDED	Computer skills (Word and Excel), PR, Marketing, Law, Accounting, Web design and programming
LANGUAGES	English and/or Japanese
TIME REQUIRED	Varies according to projects
WAYS TO CONTRIBUTE	Donations, Join event committees, Join events
NO. OF VOLUNTEERS	1 to 50 (varies according to project)

## CONTACT DETAILS

Contact Person: Davide Cascini, Events and Sponsorship Coordinator

Address: 4-18-12 Takanawa, Minato-ku, Tokyo 108-0074

Phone: (03) 5422-8591

Fax: (03) 5447-8832

E-mail: [inquiries@runfortheure.org](mailto:inquiries@runfortheure.org)

URL: [www.runfortheure.org](http://www.runfortheure.org)

Twitter: RFTCTokyo

Facebook: <http://www.facebook.com/rftctokyo>

Hours: Monday - Friday, 10 AM - 5 PM (closed on national holidays)



# SAITAMA INTERNATIONAL ASSOCIATION



## MISSION

To promote mutual understanding between Saitama citizens and Non-Japanese within Saitama prefecture. To contribute to peace and prosperity through this "grass roots international exchange".

To provide assistance for international NGOs and volunteers by offering a base for their activities promoting citizen-led exchanges and cooperation.

## POPULATION SERVED

People living in Saitama.

## PROJECTS/ACTIVITIES

Consultation services for Non-Japanese residents, international events, support for Non-Japanese students' and home stays, translation and interpreting.

SIA can arrange free legal consultations with lawyers from the Saitama Bar Association.

The Saitama Nihongo Network is a volunteer group that aims to create a network to facilitate the exchange of information among individuals and organizations that provide and support Japanese-language lessons.

VOLUNTEER INFORMATION	
SKILLS NEEDED	Cultural understanding, interpreting
LANGUAGES	Varies
TIME REQUIRED	Varies according to projects
WAYS TO CONTRIBUTE	Contributions to the Sai-no-kuni Saitama International Cooperation Fund and other donations are welcome.
NO. OF VOLUNTEERS	1 to 50 (varies according to project)

## CONTACT DETAILS

Address: Urawa Godo Chosha, 3F, 5-6-5 Kita-Urawa, Urawa-ku, Saitama City, Saitama Pref. 330-0074

Phone: (048) 833-2992 (Japanese only)

(048) 833-3296 (English, Spanish, Chinese, Portuguese, Korean, Tagalog, Thai, Vietnamese)

Fax: (048) 833-3291

E-mail: [sia@sia1.jp](mailto:sia@sia1.jp)

URL: [www.sia1.jp](http://www.sia1.jp)

Hours: Monday - Friday, 9:00 AM – 4:00 PM

## SANYA KYODAI NO IE

Focus  
Homeless,  
Poverty

### MISSION

In the spirit of Christian ministry, to provide assistance to day-laborers working on a contract basis, and to poor, elderly and homeless in Sanya area.

### POPULATION SERVED

Homeless people in the Sanya area.

### PROJECTS/ACTIVITIES

Provision of meals to homeless people.

Preparation and serving meals to those in need.

	VOLUNTEER INFORMATION
SKILLS NEEDED	No particular skills required. Interest in Sanya and the homeless. Open to helping with some physical tasks
LANGUAGES	English, Japanese helpful but not necessary
TIME REQUIRED	Regular commitment, 1-4 times per month
OTHER WAYS TO CONTRIBUTE	Donation of food stuff for meals program, monetary donations
NO. OF VOLUNTEERS	80

### CONTACT DETAILS

Contact person: Yuzuru Kikuchi

Address: 2-29-2 Nihonzutsumi , Taito-ku, Tokyo 111-0021

Phone(03) 3875-9167

Hours: Generally Monday – Friday, 12:00 AM – 6:00 PM

# SANYU KAI



## MISSION

To serve the homeless and needy in the Sanya area through direct services.

## POPULATION SERVED

Homeless and needy population of 12,000 in Sanya area.

## PROJECTS/ACTIVITIES

- Providing free medical check-ups.
- Distribution of blankets and food.
- Providing daily activities and shelter.

Since April 2009, Sanyu Kai has run Sanyu So a residence for 21 persons.

Persons of diverse religions and nationalities volunteer to help to create a more humane life for people that have to sleep outside. We hope to continue to work together in these efforts.

	VOLUNTEER INFORMATION
SKILLS NEEDED	No special skills are required, except for the clinic where nursing and medical skills are needed.
LANGUAGES	Japanese, English, and French
TIME REQUIRED	Flexible: days
WAYS TO CONTRIBUTE	Foodstuff, men's clothing (particularly underwear and socks), hand towels, blankets, medicines and monetary donations
NO. OF VOLUNTEERS	8 doctors, 5 acupuncturists, 1 chiropractor, 7 nurses (clinic); 175 other volunteers

## CONTACT DETAILS

Contact Person: Jean LeBeau, Director  
Koji Matsuzaki, Staff

Address: 2-32-8 Kiyokawa, Taito-ku, Tokyo 111-0022

Phone: (03) 3874-1269

Fax: (03) 3874-1332

E-mail: [sanyukai@gol.com](mailto:sanyukai@gol.com)

URL: <http://www2.gol.com/users/sanyukai>

Blog: <http://ameblo.jp/sanyukai1984/>

Hours: Monday - Saturday, 10:00 AM - 3:00 PM

## SECOND HARVEST JAPAN (Formerly Food Bank Japan)

### Focus

Disaster & Emergencies,  
Homeless, Non-Japanese,  
Women

### MISSION

Collect and distribute food to people in need in Japan; develop a viable food-banking network; and educate the public concerning food security issues in Japan.

### POPULATION SERVED

Serves more than 100 different agencies primarily in the Kanto area and other agencies throughout Japan. Agencies include: shelters for victims of domestic violence, orphanages, hospices, free clinics, senior care facilities, facilities for mentally and physically challenged children, group homes, alcohol and drug abuse treatment centers, low-income aid agencies, and migrant worker support agencies. Additionally, single mothers, low-income families, refugees, Asian exchange students, and the homeless are also served.

### PROJECTS/ACTIVITIES

- Delivery to food agencies
- Saturday meal service in Ueno Park
- Mobile food pantry along Sumida River in Asakusa (2nd & 4th Saturdays of every month)
- Establishing the first food pantry in Japan

	VOLUNTEER INFORMATION
SKILLS NEEDED	No specific skills but strong commitment is required. Drivers: valid Japanese driver's licenses are needed Collect and deliver food, prepare and distribute hot meals
LANGUAGES	English, Japanese, Spanish & Tagalog
TIME REQUIRED	Varies by project
WAYS TO CONTRIBUTE	Food and monetary donations are always welcome.
NO. OF VOLUNTEERS	70-80 people each week

### CONTACT DETAILS

Contact Person: Megumi Takahara

Address: Mizuta Bldg., Asakusa-bashi 4-5-1, Taito-ku, Tokyo 111-0053

Phone: (03) 3838-3827

Fax: (03) 3863-4760

E-mail: [info@2hj.org](mailto:info@2hj.org)

URL: [www.2hj.org](http://www.2hj.org)

Hours: Monday - Friday, 10:00AM - 6:00PM

Saturdays, 9:00AM - 5:00PM (Please contact before visiting the office.)

## SEISHONEN FUKUSHI CENTER

### Focus

Children/Youth, Cultural  
Exchange, Education

#### MISSION

To provide care and services for 15-18 year olds who lack parents or guardians to raise them.  
To support and raise each child with love, knowledge and skills.  
To support disadvantaged children in a home environment.

#### POPULATION SERVED

70 young people, including 30 receiving vocational training.

#### PROJECTS/ACTIVITIES

Offer guidance to young people from broken families to build self-esteem and independence, help with fundraising bazaars and other programs.

Fundraising at bazaars several times each year.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Teaching, word processing, meal preparation, collecting items for bazaar
LANGUAGES	Mainly Japanese with some English
TIME REQUIRED	Flexible
WAYS TO CONTRIBUTE	Goods for bazaars, food, articles for daily use and monetary donations
NO. OF VOLUNTEERS	15

#### CONTACT DETAILS

Contact Person: Natsuo Haseba, Vice President

Address: Oghi 1-12-20, Adachi-ku, Tokyo 123-0873

Phone: (03) 3856-2728

Fax: (03) 3896-1597

E-mail: [2728@wfc.or.jp](mailto:2728@wfc.or.jp)

URL: [www2s.biglobe.ne.jp/~center/](http://www2s.biglobe.ne.jp/~center/)

Hours: Monday - Friday, 9:00 AM - 5:00 PM

## SEISHU RYO

### Focus

Child/Youth, Disabilities,  
Employment, Women's  
Issues

### MISSION

To support young women who are leaving child welfare institutions after compulsory education, providing guidance to become independent.

To assist with mental health services and promote self reliance within the community.

### POPULATION SERVED

Young women who have completed compulsory education and are looking for employment.

### PROJECTS/ACTIVITIES

Provide guidance for young women in co-operation with local child guidance centers, welfare centers, hospitals, public employment exchanges, family courts and lawyers. Run a group home which serves the mentally ill. Offer follow-up care for residents after they leave. Regular fundraising through donations and bazaars

	VOLUNTEER INFORMATION
SKILLS NEEDED	Meal preparation, collecting items for bazaar
TIME REQUIRED	2-3 hours
LANGUAGES	Japanese and English
WAYS TO CONTRIBUTE	Women's clothes, blankets, towels and computer equipment
NO. OF VOLUNTEERS	4

### CONTACT DETAILS

Contact Person: Keiko Oya

Address: 2-18-15 Hokima, Adachi-ku, Tokyo 121-0064

Phone: (03) 3850-8573

Fax: (03) 3850-8509

E-mail: [seishuryo@mercury.dti.ne.jp](mailto:seishuryo@mercury.dti.ne.jp)

URL: <http://www.wfc.or.jp>

Hours: Monday - Friday, 9:00 AM - 5:00 PM

## SERVICES FOR THE HEALTH IN ASIAN AND AFRICAN REGIONS (SHARE)



### MISSION

To support every person's right to better health through the provision of medical care, training and advice. By providing medical care, training and advice, SHARE supports people and communities to overcome their own health problems. We try to promote access for everyone to essential health care services with full community involvement. SHARE believes in an equal partnership between those who support and those in need. The goal of SHARE is to achieve a fairer and healthier world through SHARING and working with people.

### POPULATION SERVED

Current projects serve communities in Cambodia, Thailand, Japan and Timor-Leste.

### PROJECTS/ACTIVITIES

Health Education and HIV/AIDS prevention and home-based care (Cambodia), AIDS Prevention and Education (Thailand); counseling for Non-Japanese Workers (Japan), community health reconstruction project (Timor-Leste).

Translating and editing newsletters and handouts, fundraising event planning, office work, and medical counseling. Regular fundraising bazaars.

VOLUNTEER INFORMATION	
SKILLS NEEDED	Health care professionals for counseling project; no special skills required for other projects.
LANGUAGES	Fluent Japanese essential, plus some English or Thai
TIME REQUIRED	Flexible
WAYS TO CONTRIBUTE	Goods for bazaars, used telephone cards and monetary donations
NO. OF VOLUNTEERS	20

### CONTACT DETAILS

Contact Person: Yukio Kobayashi, Secretary General

Address: Maruko Bldg. 5F, 1-20-6, Higashi-Ueno, Taito-ku, Tokyo, 110-0015

Phone: (03) 5807-7581

Fax: (03) 3837-2151

E-mail: [info@share.or.jp](mailto:info@share.or.jp)

URL: [share.or.jp/index.html](http://share.or.jp/index.html)

Hours: Monday - Saturday, 10:00 AM - 6:00 PM

# SETAGAYA VOLUNTEER ASSOCIATION

## Focus

Cultural Exchange,  
Education, Nonprofit  
Support

### MISSION

To promote volunteering in Setagaya, Tokyo.

### POPULATION SERVED

Residents, organizations and volunteer groups, those willing to contribute community and those who need support from the community mainly in Setagaya.

### PROJECTS/ACTIVITIES

Three major areas of activities:

1) Setagaya Volunteer Center Project - Connect those who wish to help and those who need support according to interests and on various kind of volunteering. Three additional volunteer bureaus include:

- Daita Volunteer Bureau
- Umegaoka Volunteer Bureau
- Tamagawa Volunteer Bureau

2) Setagaya Disaster Prevention Center Project: Advocate the policy of community development. Provide seminars, training program for residents and information regarding disaster prevention.

3) Setagaya Child Line Project- Telephone line available to those up to 18 years of age allowing callers to speak freely and terminate the call as they like. Well-trained volunteers listen with humanity and sincerity.

## VOLUNTEER INFORMATION

All projects welcome volunteers and donations at any time. Volunteer groups can use meeting room at volunteer center and bureaus for free. (Need to be registered as group.)

### CONTACT DETAILS

Contact Person: Yukiko Nakaie

Address: 2-20-14 Shimouma, Setagaya-ku, Tokyo 154-0002

Phone: (03) 5712-5101

Fax: (03)3410-3811

E-mail [soudan@otagaisama.or.jp](mailto:soudan@otagaisama.or.jp)

URL: <http://www.otagaisama.or.jp>

Hours: Setagaya Volunteer Center Tuesday - Sunday, 10:00AM - 10:00 PM

Umegaoka, Daita, Tamagawa Monday - Saturday, 10:00AM - 5:00 PM



# SHANTI VOLUNTEER ASSOCIATION (SVA)

## Focus

Education, Emergencies  
and Disasters, Refugees

### MISSION

SVA stands at the side of people oppressed by poverty, war, strife, environmental destruction or disaster, and works with those people in order to solve such issues.

The Association recognizes a variety of problems concerning poverty, peace, human rights, etc. as common issues for all humanity caused by structural contradictions of the world. Thus the objectives of the Association is to promote the development of collaborative projects in developing countries and aid projects for disaster victims in Japan and overseas, in an effort to establish a global civil society where all people can achieve their own potential, respecting all ethnic groups and “living together and learning together” in comfortable symbiosis beyond differences based on country, ethnicity, religion, language and culture.

### POPULATION SERVED

Children in Thailand, Cambodia, Laos, Myanmar(Burma)Refugee Camps in Thailand and Afghanistan.

### PROJECTS/ACTIVITIES

- 1) Library Project: publishing and distribute picture books and kamishibai, conducting mobile library, training librarians, constructing libraries and so on
- 2) Primary School Construction
- 3) Tohoku Projects - SVA Kensenuma Community Development Project and SVA Iwate Mobile Library Project

	VOLUNTEER INFORMATION
SKILLS NEEDED	Translation and proof-reading for PR
LANGUAGES	English and Japanese. Interpreters of Thai, Khmer, Lao, Karen and Pashtun and Dali are also needed from time to time.
TIME REQUIRED	Flexible, translation work can be done at home/online
WAYS TO CONTRIBUTE	Fundraising parties and events, and monetary donations
NO. OF VOLUNTEERS	More than 20 staff and more than 100 volunteers, more than 5 are fluent in English

### CONTACT DETAILS

Contact Person: Sachiko Kamakura, Chief of Public Relations Division

Address: Jibokaikan 2-3F, 31 Daikyo-cho, Shinjuku-ku, Tokyo 160-0015

Phone: (03) 5360-1233

Fax: (03) 5360-1220

E-mail: [info@sva.or.jp](mailto:info@sva.or.jp)

URL: <http://www.sva.or.jp/global/>

Visit us on Twitter and Facebook.

Hours: Monday - Friday 9:30AM - 6:30PM

# SHINAGAWA-KU INTERNATIONAL FRIENDSHIP ASSOCIATION



## MISSION

To build friendly relations with other countries, deepen international understanding among Shinagawa residents and to contribute to world peace.

## POPULATION SERVED

Shinagawa-ku residents.

## PROJECTS/ACTIVITIES

With Shinagawa-ku sister city and friendship cities: home stay program, goodwill delegations, cultural mission and sports exchange.

For Non-Japanese living or working in Shinagawa-ku: Japanese language courses, flower arrangement classes, English conversation classes, publication of bulletin.

VOLUNTEER INFORMATION	
SKILLS NEEDED	Interpreting and translating, teaching English conversation
LANGUAGES	Japanese necessary; English, French, Chinese or Korean
TIME REQUIRED	Varies
NO. OF VOLUNTEERS	15

## CONTACT DETAILS

Contact Person: Harumi Komatsubara

Address: Shinagawa City Office III (Daisan-Chosha), 4F,  
2-1-36 Hiromachi, Shinagawa-ku, Tokyo 140-0005

Phone: (03) 5742-6517

Fax: (03) 5742-6518

E-mail: [info@sifa.or.jp](mailto:info@sifa.or.jp)

URL: [www.sifa.or.jp/eng/01/index.html](http://www.sifa.or.jp/eng/01/index.html)

Hours: Monday - Friday, 9:00 AM - 5:00 PM

# SPECIAL OLYMPICS NIPPON

## Focus

Children/Youth,  
Disabilities, Sports

### MISSION

Special Olympics is an international program of year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities. Special Olympics gives continuous opportunities to develop physical fitness, demonstrate courage, experience joy and share skills and friendship with families, other special Olympics athletes and the community.

### POPULATION SERVED

More than 3.1 million people with intellectual disabilities in over 165 countries. 7,500+ in 47 prefectures and other administrative divisions in Japan.

### PROJECTS/ACTIVITIES

Operation of year-round sports training and athletic competition through Special Olympic program offices in 47 prefectures and other administrative divisions in Japan.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Any skill or experience to fill a variety of roles in the operation and management of sports programs, offices, special events and competitions such as coaching, coach-supporting, translation, interpretation, fund-raising etc.
LANGUAGES	Japanese and other languages. English in particular for international events and conferences
TIME REQUIRED	Flexible
WAYS TO CONTRIBUTE	Financial support and in-kind goods
NO. OF VOLUNTEERS	18,000 in Japan and 700,000 globally

### CONTACT DETAILS

Contact Persons: Yuko Arimori, President & CEO  
Sayaka Sonobe, Office Manager

Address: 7F, Nishi-shimbashi 2 -chome, Mori Bldg. 2-2-1 , Nishi-Shimbashi, Minato-ku, Tokyo 105-0003,

Phone: (03) 6809-4680

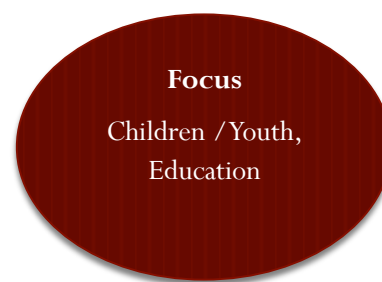
Fax: (03) 3436-3666

E-mail: [info@son.or.jp](mailto:info@son.or.jp)

URL: <http://www.son.or.jp/>

Hours: Monday - Friday, 9:30 AM – 5:30 PM

## TOGETHER WITH AFRICA AND ASIA ASSOCIATION (TAAA)



### MISSION

To foster better education for young people, especially in disadvantaged communities that were victims of the former apartheid regime. By doing so, to support the new democratic South Africa. (School level, picture and story books for children).

### POPULATION SERVED

Schools in South Africa, including Johannesburg, Durban, Cape Town, etc.

### PROJECTS/ACTIVITIES

Collect and send educational English-language books and mobile libraries. Also assist, primarily through donations, the Chinese and Korean school in Kobe that was damaged during the January 1995 earthquake.

Volunteers needed for collecting books, fundraising, arranging for books and mobile libraries to be sent to South Africa, and planning symposia concerning South Africa, two or three times each year.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Knowledge of English-language books and libraries Knowledge of South Africa useful but not required
LANGUAGES	Japanese. English useful but not necessary
TIME REQUIRED	Once a month
WAYS TO CONTRIBUTE	Educational English-language books (up to high reference books, dictionaries, maps, etc.) English books and magazines for all generations
NO. OF VOLUNTEERS	23

### CONTACT DETAILS

Contact Person: Chikako Noda

Address: 5-17-1 Oto, Chuo-ku, Saitama-shi, 338-0012

Phone: (048) 832-8271

Fax: (048) 832-3607

E-mail: [cnoda@email.plala.or.jp](mailto:cnoda@email.plala.or.jp)

URL: <http://www.taaa.jp/>

Hours: Vary, mostly on Weekends

# TOKYO CARITAS HOUSE

Focus  
Child/ Youth, Disabilities,  
Welfare

## MISSION

Based in the spirit of Christianity, to improve social welfare in the Tokyo area by providing services to families and individuals experiencing problems.

## POPULATION SERVED

Families in need of support.

## PROJECTS/ACTIVITIES

Consultation and assistance with family problems, referrals to legal and other professional help, and occupational therapy programs.

Social services casework: Orientation and training provided to volunteers on a regular basis. Volunteers are then assigned to an individual case. Mass for volunteers every month.

Fundraising through irregular bazaars.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Counseling, teaching, transportation, translation, care for disabled, fundraising, cooking, sewing and knitting, playing music and entertaining
LANGUAGES	Japanese and English
TIME REQUIRED	Depends on project.
WAYS TO CONTRIBUTE	Donation of Goods for bazaar, used telephone cards, stamps and cash.
NO. OF VOLUNTEERS	400

## CONTACT DETAILS

Contact person: Hisae Yoshida, Yoshiko Nakao

Address: 3-16-15 Sekiguchi, Bunkyo-ku, Tokyo 112-0014

Phone: (03) 3947-9365 / 3943-1726

Fax: (03) 3946-9156

Email: [info-childcare@tokyo-caritas.org](mailto:info-childcare@tokyo-caritas.org)

URL: [www.tokyo-caritas.org](http://www.tokyo-caritas.org)

Hours: Monday - Saturday, 10:00 AM - 5:00 PM

# TOKYO ENGLISH LIFE LINE (TELL)



## MISSION

Tokyo English Life Line seeks to be an accessible, community-serving organization that provides effective, confidential support and counseling for the international community.

## POPULATION SERVED

Persons in need of support and counseling throughout Japan with special focus on the international population and Japanese who are unable to have their needs met otherwise

## PROJECTS/ACTIVITIES

The Life Line: offers Free, anonymous and confidential telephone counseling and support in English 9 a.m. to 11 p.m. everyday anywhere in Japan

Wiki-TELL: English Language services throughout Japan

TELL Counseling Center: professional assessments and counseling, medication clinic in multiple languages

TELL Children and Families: consultation, testing, counseling and referrals by professional experts

Outreach: workshops, suicide prevention, School Life Line awareness, child protection

	VOLUNTEER INFORMATION
SKILLS NEEDED	Computer proficiency or bookkeeping for office support, event organizing, PR and outreach, Bilingual skills to assist in data input and financial tracking, Counselors need to complete the training program.
LANGUAGES	Japanese and English
TIME REQUIRED	Phone counselors are asked to commit to 10 hours a month for one year Other volunteers: usually one half day per week, for events as needed for the program they support
WAYS TO CONTRIBUTE	Volunteers needed for 3 main fund raising events: Connoisseur's Auction, Runathon, and Children's Ballet, donation of Auction items for events, Home fundraising parties, Increasing awareness about activities, attend events, monetary donations.
NO. OF VOLUNTEERS	50-100, many speak English

## CONTACT DETAILS

Life Line: (03) 5774-0992

Volunteer & Fundraising Coordinator (for general volunteering): [event@telljp.com](mailto:event@telljp.com)

Life Line Services Assistant Director (for telephone counselor training): [lls.assist@telljp.com](mailto:lls.assist@telljp.com)

Address: Minami Aoyama 6-chome in May 2010

Phone: (03) 4550 1191

Fax: (03) 4550 1192

Email: [admin@telljp.com](mailto:admin@telljp.com)

URL: [www.telljp.com](http://www.telljp.com)

Follow TELL on Twitter and Facebook

Hours: Monday - Friday, 9:00 AM – 6:30 PM

## TOKYO RAPE CRISIS CENTER (TRCC)

**Focus**  
Human Rights, Women

### MISSION

To support women victims of sexual violence and to educate the general public that rape (whether by a stranger, partner or acquaintance) is a violent crime against women.

### POPULATION SERVED

Victims of sexual assault. Since opening in 1983, TRCC has served over 5,500 women.

### PROJECTS/ACTIVITIES

Telephone counseling, referrals for legal and medical assistance, advocacy work, crisis counseling, support for victims during trials, Women Support Women Fund to financially aid women prosecuting rapists, and quarterly newsletter.

	VOLUNTEER INFORMATION
SKILLS NEEDED	6-month training provided by TRCC is compulsory, as is fluency in Japanese
LANGUAGES	Native-level Japanese is required
TIME REQUIRED	Twice a month
WAYS TO CONTRIBUTE	Monetary donations
NO. OF VOLUNTEERS	15

### CONTACT DETAILS

Contact Person: Naomi Tajima

Address: Jyoto P.O. Box 7, Koto-ku, Tokyo 136-8691

Phone: (03) 3207-3692

Fax: (03) 3207-4587 (confidential)

E-mail: [wsw@tokyo-rcc.org](mailto:wsw@tokyo-rcc.org)

URL: [www.tokyo-rcc.org/](http://www.tokyo-rcc.org/)

Hours: Saturdays, 3:00 PM - 6:00 PM

Wednesdays, 6:00 PM - 9:00 PM

# TOKYO UNION CHURCH WOMEN'S SOCIETY

## Focus

Children/Youth,  
Homeless, Women

### MISSION

The Society is an international group dedicated to the spiritual enrichment of its members and to the encouragement of participation in Christian service and cooperation in the total program of Tokyo Union Church.

### POPULATION SERVED

International and local Japanese nonprofit organizations.

### PROJECTS/ACTIVITIES

Volunteer referrals to nonprofit organizations, homeless food program, orphanage support program, English teaching program for children, fundraising via Flea Market, Furniture Sale and other work on various outreach programs.

	VOLUNTEER INFORMATION
SKILLS NEEDED	No specific skills necessary
LANGUAGES	English
TIME REQUIRED	Varies
WAYS TO CONTRIBUTE	Monetary donations to be distributed to various charitable organizations.
NO. OF VOLUNTEERS	169 members

### CONTACT DETAILS

Contact Person: Rose Nagakura, Receptionist

Address: 5-7-7 Jingumae , Shibuya-ku, Tokyo 151-0001

Phone: (03) 3400-0942

Fax: (03) 3400-0942

E-mail: [tucws@hotmail.com](mailto:tucws@hotmail.com)

URL: [www2.gol.com/users/tuc/ws/tucws.html](http://www2.gol.com/users/tuc/ws/tucws.html)

Hours: Monday - Friday, 10:00 AM - 2:00 PM



# TOKYO VOLUNTARY ACTION CENTER (TVAC)

**Focus**  
Nonprofit Support

## **MISSION**

To support volunteer, nonprofit nongovernmental organizations in the Tokyo Metropolitan area through funding programs, research, training, referral services and networking activities.

To coordinate all local volunteer centers and organizations supporting nonprofits in the Tokyo area in order to exchange information and methods, to advocate to the society and to promote voluntarism in Tokyo.

## **POPULATION SERVED**

Volunteer centers, nonprofit NGOs and volunteers in the Tokyo Metropolitan area.

## **PROJECTS/ACTIVITIES**

Provides information about volunteer activities and nonprofits to people who are interested in volunteer activities by telephone, E-mail or in person.

Advises volunteers and volunteer groups on how to set up nonprofits and helps nonprofits strengthen their organizations.

Provides space and access to office equipment for volunteers and groups and volunteer insurance.

Coordinates an annual volunteerism conference each winter

Current projects:

- Community Program
- School Program
- Youth Program and Conference
- Senior Program
- Corporate Volunteer Activities
- Volunteer Fund

TVAC does not accept volunteers but provides support for individuals wanting to volunteer and organizations in need of volunteers.

TVAC also runs an annual Voluntary Conference promoting volunteering in Tokyo.

## **CONTACT DETAILS**

Contact: Akiko Kawaguchi

Address: Kaguragashi, Shinjuku-ku, Tokyo 162-0823

Phone: (03) 3235-1171

Fax: (03) 3235-0050

E-mail: center@tvac.or.jp

URL: www.tvac.or.jp/

Hours: Tuesday - Saturday, 9:00 AM - 9:00 PM

Sunday, 9:00 AM - 5:00 PM

TOKYO YMCA  
TOKYOYMCA CENTER



**MISSION**

The TokyoYMCA carries out activities which contribute to local communities in an attempt to create a just and peaceful world, in the hope that young people can achieve holistic development of their spirits, minds, and bodies, based on the love and spirit of service as exemplified by Jesus Christ.

**POPULATION SERVED**

Divers groups depending on programs, including the Non-Japanese community.

**PROJECTS/ACTIVITIES**

Camping program for children, English teaching assistants to instruct children  
Offers short-term courses for students at different studying stages of learning Japanese.

	<b>VOLUNTEER INFORMATION</b>
SKILLS NEEDED	Counseling, playing with children, teaching, office skills
LANGUAGES	Japanese, English
WAYS TO CONTRIBUTE	Books and videos, goods for bazaars, monetary donations
NO. OF VOLUNTEERS	100

**CONTACT DETAILS**

Address: 2-18-12 Nishiwaseda, Shinjuku-ku, Tokyo 169-0051

Phone: (03) 3202-0321

Fax: (03) 3202-0329

E-mail: [pr@tokyo.ymca.or.jp](mailto:pr@tokyo.ymca.or.jp)

URL: <http://tokyo.ymca.or.jp/eng/index.html>

Hours: Evenings

# TOKYO YWCA



## MISSION

TokyoYWCA supports human rights and dignity and maintain peace and justice in the world on the basis of Christian faith.

TokyoYWCA was founded in 1905. Members of all ages gather together and do various activities in five bases in the Tokyo ares (Ochanomi, Musashino,Itabashi, Kokuryou), Nojiri campsite in Nagano prefecture, and members' homes and community halls.

## PROJECTS/ACTIVITIES

Physically handicapped childrens' care, elderly people's care after-school children's care, Women's fitness club, volunteer activities of Japanese mothers for foreign students, camp site.

Main or regular events include fundraising bazaars, lectures, and other volunteer activities

Volunteers are needed at our office for one of our programs "Japanese mothers for foreign students"

	VOLUNTEER INFORMATION
SKILLS NEEDED	Various including counseling, playing with children, teaching, cooking and office skills including computer and bookkeeping, web design
LANGUAGES	Japanese and English
TIME REQUIRED	Flexible
WAYS TO CONTRIBUTE	Looking for corporate partners for fundraising and volunteers who can support our programs in various fields. Books and videos, goods for bazaars, monetary donations In Tohoku the YWCA needs volunteer to help with elder care including bathing and meal preparation.
NO. OF VOLUNTEERS	More than 100, more than 5 speak English

## CONTACT DETAILS

Contact person: Hiroko Nemoto, Overseas relations staff

Address: 1-8-11 Kandasurugadai, Chiyoda-ku, Tokyo, Japan 101-0062

Phone: 03-3293-5421

Fax: 03-3293-5570

Email: [office@tokyo.ywca.or.jp](mailto:office@tokyo.ywca.or.jp)

URL: <http://tokyo.ywca.or.jp/>

Hours: Monday – Saturday, 9:30am - 6pm

# TOKYO YWCA INTERNATIONAL LANGUAGE VOLUNTEERS

## Focus

Children/Youth, Human  
Rights, Nonprofit  
Support, Women

### MISSION

To promote international communication through interpreting and translation work.  
To work within the YWCA philosophy to support human rights and dignity and to maintain peace and justice in the world on the basis of Christian faith.

### PROJECTS/ACTIVITIES

14-15 translation/interpreting projects each year.

Translation of reports and papers (e.g. Sexual Abuse Prevention, Personal Safety Information), and interpreting (e.g. when medical and social workers visit welfare institutes in Tokyo).

	VOLUNTEER INFORMATION
SKILLS NEEDED	Health care professionals for counseling project. No special skills required for other projects. Fluent Japanese essential.
LANGUAGES	Fluent Japanese essential with English and/or Thai
TIME REQUIRED	Flexible
WAYS TO CONTRIBUTE	Goods for bazaars, used telephone cards and monetary donations
NO. OF VOLUNTEERS	20

### CONTACT DETAILS

Contact Person: Marina Kaneko

Address: 1-8-11 Kanda Surugadai, Chiyoda-ku, Tokyo 101-0062

Phone: (03) 3293-5422

Fax: (03) 3293-5570

E-mail: lang@tokyo.ywca.or.jp

URL: www.tokyo.ywca.or.jp

Hours: Monday - Saturday, 9:30 AM - 6:00 PM

# THE TYLER FOUNDATION FOR CHILDHOOD CANCER



## MISSION

To support children in Japan with cancer and other serious illnesses through innovative, empowering programs that improve quality of life for the children and their families.

Inspired by the smiles and courage of their son Tyler Ferris, who lost his battle with leukemia shortly before his 2nd birthday, Mark and Kim Ferris started this organization in 2006 to support children and families in Japan experiencing what they had been through. The organization's innovative programs are in 19 hospitals throughout Japan and has expanded its activities after March 11, 2011 to provide psychosocial support to all children in Tohoku.

## POPULATION SERVED

- Children in Japan with cancer ages 0-18
- Children in Japan with serious illnesses that require long hospitalization
- Siblings and parents of seriously ill children
- Children suffering from trauma and PTSD as a result of the Great East Japan Earthquake and tsunami

## PROJECTS/ACTIVITIES

Creation of programs is guided by the Foundation's directors, medical advisors, input from parents of children with cancer and input from medical professionals, both in Japan and overseas.

Shine On! Counseling Support Program, Shine On! House, Shine On! Clinic, Shine On! Therapy Dog Program, Shine On! Beads of Courage, Shine On! Smile Ambassador, Shine On! Tohoku Children's Support Program

VOLUNTEER INFORMATION	
SKILLS NEEDED	De pending on volunteering purpose: performance experience, computer proficiency, Japanese/English translation, Fundraising event organization and support, Public/Media relations, Project management
LANGUAGES	Functional to fluent Japanese and English
TIME REQUIRED	Varies by the volunteers function
WAYS TO CONTRIBUTE	Organizing fundraisers and membership drives
NO. OF VOLUNTEERS	More than 50, many who understand English

## CONTACT DETAILS

Contact Person: Kim Forsythe, President

Address: Oak Minami Azabu Bldg. 2F, 3-19-23 Minami Azabu, Minato-Ku, Tokyo 106-0047

Phone: (03) 4580-2770

Fax: (03) 4580-2771

E-mail: [info@tylershineon.org](mailto:info@tylershineon.org)

URL: [www.tylershineon.org](http://www.tylershineon.org)

Hours: Monday - Friday, 9:00 AM - 5:00 PM

# WORLD WIDE FUND FOR NATURE JAPAN (WWF JAPAN)

**Focus**  
Animals, Environment

## MISSION

To realize a world where human beings can live in harmony with nature by preserving biological diversity, promoting sustainable use of natural resources, and reducing pollution and the wasteful consumption of resources and energy.

## POPULATION SERVED

Global citizens

## PROJECTS/ACTIVITIES

Projects in Japan include conservation projects in Nansei Shoto (preservation of coral reefs), Yambaru Forest, wetlands conservation, and monitoring of international wildlife trade (TRAFFIC Japan), promotion of a certification system with the Forest Stewardship Council (FSC), marine stewardship council (MSC), promotion of energy saving and the use of renewable energy with industry to mitigate climate change.

	VOLUNTEER INFORMATION
SKILLS NEEDED	Interest in nature/wildlife conservation, computer skills
LANGUAGES	Fluent Japanese essential
TIME REQUIRED	Flexible
WAYS TO CONTRIBUTE	Membership, information on local issues (Japanese/international) and monetary donations
NO. OF VOLUNTEERS	1-2 per day, in the office

## CONTACT DETAILS

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Hours: Monday - Friday, 10:00 AM – 5:30 PM

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## **Busy people can help too: Other types of community service, other ways you can make an impact**

Perhaps your schedule does not allow you enough time to commit on a regular basis, but there are other ways to contribute. *Be innovative!*

It is possible to have an impact through your company, network of friends, school or any group in which you are involved. First you need to select an issue or project and find an organization that matches your needs. Then develop a support program that matches your time frame and/or organization's goals.

### *Just a short list with ideas of things you can do:*

1. Invite an NGO leader to give a guest presentation to the members of some groups you are active in.
2. Distribute nonprofit NGO event materials and pamphlets to your co-workers or friends
3. Have a party that doubles as a mini-fundraiser – introduce an issue and organization over dinner and drinks; guests pay a “party donation fee”.
4. Make donations of office items organizations are always in need of - such as computers, food, telephone lines or office supplies. Contact the group of your choice with the specs on what you have and find out if it meets their needs. (Don't just send stuff!)
5. Have a food or clothing drive in your office or through your association. Many groups in this directory need many day-to-day items to make their organizations work. Before starting, get in touch with a group, confirm their needs and the limitations of what they can and cannot accept.
6. Purchase products that groups sell – fairtrade items or organic cotton for example – as gifts or when your group makes T-shirts, bags or other logo bearing items.
7. Join fundraising events or parties. Expect to make an investment in the organization by buying raffle tickets or joining in on the auction. Consider it a social investment with a bit of fun too!

For those with very little time, you can always become a member and/or make in-kind (good or service) or cash donations.

Share your ideas about other possibilities with us. We are always happy to find new ways people can get involved or support community organizations.

*You have many options - now go out there and make a difference!*

## Careers in the Japanese Nonprofit NGO Sector

By Sarajeon Rossitto, <http://sarajeonr.wordpress.com>

*Are you interested in pursuing a career in the nonprofit NGO sector? Or maybe start with volunteering here in Japan and assessing if it might be the right career for you?*

*Sarajeon Rossitto, an independent consultant working in the field of nonprofit NGO organizational development writes about her path leading to socially responsible work in Japan.*

Although I worked for 6 years at the TokyoYMCA, and did graduate research on the development of Japanese NGOs, my real beginning in the Japanese nonprofit NGO sector started in 2001, when Katsuji Imata, the founder and director of JUCEE (Japan-US Community Education and Exchange) hired me at JUCEE. I was lucky when I came back to Japan in Nov 2000 - a person I interviewed for my grad research introduced us, and there was an opening coming up the following January. In my first weeks back, I looked for a volunteer position and interviewed with 3 or 4 organizations, but by the time I was offered the first two, I had already secured the job at JUCEE. For close to 4 years I coordinated US-Japan nonprofit collaborative projects. During that time, I traveled from Sendai to Hiroshima speaking to nonprofit leaders, giving presentations and supported leaders in the US and Japanese nonprofit sector in their efforts to work together to bring about social change while sharing know-how and best practices. Using this experience as a base, since 2005 I have been working freelance on a project basis.

I did try to move on to another organization, but my experience, and personality (maybe age as well?) was sometimes a bit too much. I did not feel being non-Japanese was much of an issue at the places I applied, however I realized my style, expectations and interests were best for more independent work. Also I decided I needed a break from the 24/7 lifestyle, and working with the same people in the same place.

### *My work today*

My work is currently concentrated in 5 areas. I run various skills development workshops and trainings aimed at nonprofit, NGO professionals and the general public. I give presentations to a wide array of audiences on social issues and nonprofit organizations tackling them. I do project development and support by linking groups overseas to those here, as well as develop corporate-community partnerships. I also have done some publication development, both writing and editing articles about the Japanese nonprofit NGO sector. Lastly, I arrange networking and information sharing opportunities.

I started doing this work without having a big plan. I have always been surrounded by community involvement. My parents were active in various groups related to education, health and poverty. However this was not what inspired my career. I went to university to study drama and was inspired by Nelson Mandela. I then changed my major to social movement theory. In the 1980's I was inspired by AIDS activists and then in 1989 by activists in Tiananmen Square. My first real job developed out of my student activist days and led me to become a community organizer with a crazy schedule, traveling throughout the state of New York, always with only a few dollars in my pocket.

Things have developed based on my passion, experience, knowledge and work ethic. Since I am on the independent side and like an irregular schedule, working freelance suits me. But it is not for everyone; there are very busy days and very slow weeks. I love working with different people everyday. This means differences in languages and communication styles as well as what you can and cannot say.

It's a challenge but there are many needs and opportunities for this type of work in Japan. I hope more people will consider this a career.



## *Links and useful resources*

### *Information about the Japanese nonprofit sector in English*

*The changing face of NGOs in Japan* <http://www.gdrc.org/ngo/jpngo-face.html>

*The Japanese System of Incorporation and the Concept of NPOs* <http://www.gdrc.org/ngo/jp-civil-society.html>

*Exploring the Realities of Japanese Civil Society through Comparison*, by Yutaka Tsujinaka, Jae-Young Choe, Takafumi Ohtomo, ASIEN 105, October 2007 [http://www.allacademic.com//meta/p\\_mla\\_apa\\_research\\_citation/2/5/2/0/1/pages252011/p252011-1.php](http://www.allacademic.com//meta/p_mla_apa_research_citation/2/5/2/0/1/pages252011/p252011-1.php)

*Civil society and contemporary interest groups in Japan*, by Yutaka Tsujinaka and Robert Pekkanen, Public Affairs Fall 2007, <http://faculty.washington.edu/pekkannen/Tsujinaka%20Pekkanen%20Pacific%20Affairs%202007.pdf>

### *Nonprofit and Volunteer Support Organizations in Japan*

The Japan NGO Center for International Cooperation (JANIC) <http://www.janic.org/>

Tokyo Voluntary Action Center: <http://www.tvac.or.jp/english/index.html>

NPO support center NPORT <http://www.nport.org/>

CSO Network <http://www.csonj.org/english/>

Japan NPO Center <http://www.npo-hiroba.or.jp/>

Osaka Voluntary Action Centre <http://cwlzaq.ne.jp/osakavol/english/index.html>

Japan Centre for International Exchange <http://www.jcie.or.jp/>

C's Coalition for Legislation to Support Citizens' Organizations <http://www.npweb.gr.jp/>

The Japan Foundation <http://www.jpf.go.jp/e/index.html>

The Japan Philanthropic Association <http://www.philanthropy.or.jp/english/index.html>

The Nippon Foundation <http://www.nippon-foundation.or.jp/eng/index.html>

The Osaka Community Foundation <http://www.osaka-community.or.jp/contents/english/index.htm>

### *General Information & Resources*

Tokyo Community Events <http://tokyo-community-news.blogspot.com/>

Action Without Borders [www.idealists.com](http://www.idealists.com)

Civicus [www.civicus.org](http://www.civicus.org)

Charity Navigator <http://www.charitynavigator.org/>

Volunteer Mgt Audit The Canadian Code for Volunteer Involvement  
<http://volunteer.ca/files/CodeAuditTool07EN.pdf>

Nonprofit Mgt help <http://www.managementhelp.org/index.html>

Nonprofit good practice guide <http://www.npgoodpractice.org/>

Japan Volunteers, <https://japanvolunteers.wordpress.com/>

## Organizations and Links of groups active in Tohoku disaster relief and recovery

ADRA Japan 特定非営利活動法人アドラ・ジャパン (ADRA Japan)

<http://www.adrajpn.org>

NPO Aichi-net 特定非営利活動法人 愛知ネット

<http://npo-aichi.or.jp/>

Association for Aid and Relief, Japan 難民を助ける会

<http://www.aarjapan.gr.jp/>

AMDA - formerly Association of Medical Doctors of Asia

特定非営利活動法人 AMDA (元アジア医師連絡協議会)

<http://www.amdainternational.com/>

Care International Japan 公益財団法人 ケア・インターナショナル ジャパン

<http://www.careintjp.org>

ETIC 特定非営利活動法人ETIC

<http://www.etic.or.jp/recoveryleaders/>

Foreign Volunteers in Japan

<http://www.foreignvolunteersjapan.org/>

Good Neighbors Japan グッドネーバーズジャパン

[http://www.gnjp.org/campaign/emgcy\\_2011tohoku.html](http://www.gnjp.org/campaign/emgcy_2011tohoku.html)

Hope International Development Agency ホープ・インターナショナル開発機構

<http://www.hope.or.jp/>

Hope World Wide Japan ホープワールドワイド・ジャパン

<http://www.hopewwj.org>

The Japan Asian Association and Asian Friendship Society アジア協会アジア友の会

<http://www.jafs.or.jp/>

Japan Earthquake Animal Rescue and Support, JEARS

<http://jears.org/>

Japan International Volunteer Center 特定非営利活動法人日本国際ボランティアセンター (JVC)

<http://www.ngo-jvc.net/en/>

JEN 特定非営利活動法人 ジェン

<http://www.jen-npo.org/>

Living Dreams

<http://livingdreams.jp/main/>

MDMJ Medecins du Monde Japan / Doctors of the World

特定非営利活動法人 メドウサン・デュ・モンド ジャパン

<http://www.mdm.or.jp/>

MSF Japan: Medecins sans Frontieres / Doctors Without Borders Japan

特定非営利活動法人 国境なき医師団日本

<http://www.msf.or.jp/>

Nippon International Cooperation Community Development NICCO

公益社団法人日本国際民間協力会 (NICCO)

<http://www.kyoto-nicco.org/>

## *Organizations and Links of groups active in Tohoku disaster relief and recovery* (continued)

Nippon Volunteer Network Active in Disaster, Inc.  
特定非営利活動法人 日本災害救援ボランティアネットワーク (N V N A D)  
URL <http://www.nvnad.or.jp/>

O.G.A. for AID  
<http://www.ogaforaid.org/>

PARCIC 特定非営利活動法人 パルシック  
<http://www.parcic.org/>

Peace Winds Japan 特定非営利活動法人 ピース ウィンズ・ジャパン  
<http://www.peace-winds.org/>

Peace Boat ピースボート  
<http://www.peaceboat-us.org/>

Rescue Stockyard レスキューストックヤード  
<http://www.rsy-nagoya.com/rsy/>

Save the Children Japan セーブ・ザ・チルドレン子ども基金  
<http://www.savechildren.or.jp/>

Shanti Volunteer Association (SVA) 公益社団法人シャンティ国際ボランティア会  
<http://sva.or.jp/global/>

SHARE 特定非営利活動法人 シェア=国際保健協力市民の会  
<http://share.or.jp/>

Uniken, Japan Universal Design Research Institute 日本ユニバーサルデザイン研究機構  
<http://www.ud-web.com/shinsai/>

World Vision Japan ワールド・ビジョン・ジャパン  
<http://www.worldvision.jp/>

### **NETWORK organizations**

#### **- With links for information on the hundreds of other groups involved:**

Japan Civil Network for Relief in East Japan 東日本大震災支援全国ネットワーク (JCN) Groups working on the Japan EQ/tsunami relief efforts, [http://www.jpn-civil.net/about\\_us/groups.html](http://www.jpn-civil.net/about_us/groups.html)

Japan NPO Center 特定非営利活動法人 日本NPOセンター— Nationwide network of Japan-based local nonprofits, <http://www.jnpoc.ne.jp/>

Japan Association of NGOs in International Cooperation (JANIC) 特定非営利活動法人 国際協力NGOセンター Network of Japanese NGOs involved in international development work, <http://www.janic.org/>

Japan Platform ジャパンプラットフォーム Network of Japanese NGOs engaged in emergency and relief work, <http://www.japanplatform.org/E/work/index.html>

*The Community Service Directory is a project of FEW  
– For Empowering Women in Japan.*

*FEW is the GO-TO place for personal and professional learning &  
connections for international women in Japan.*

*Find out more about FEW through our website or contact us about  
how you can get involved at [few@gol.com](mailto:few@gol.com).*



Foreign Executive Women (FEW)  
#801 4-11-1 Ikejiri, Setagaya-ku, Tokyo 154 0001  
URL: <http://www.fewjapan.com>